
Reason For Hope Jane Goodall

OF REASON FOR HOPE JANE GOODALL

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Reason for Hope

A Spiritual Journey *Grand Central Publishing*

From world-renowned scientist Jane Goodall, as seen in the new National Geographic documentary Jane, comes a poignant memoir about her spiritual epiphany and an appeal for why everyone can find a reason for hope. Dr. Jane Goodall's revolutionary study of chimpanzees in Tanzania's Gombe preserve forever altered the very, definition of humanity. Now, in a poignant and insightful memoir, Jane Goodall explores her extraordinary life and personal spiritual odyssey, with observations as profound as the knowledge she has brought back from the forest.

Reason for Hope

A Spiritual Journey

Jane Goodall explores her life and personal spiritual odyssey, discussing the lessons she learned as she studied chimpanzees in Tanzania's Gombe preserve.

Reason for Hope

A Spiritual Journey *Hachette UK*

From world-renowned scientist Jane Goodall, as seen in the new National Geographic documentary Jane, comes a poignant memoir about her spiritual epiphany and an appeal for why everyone can find a reason for hope. Dr. Jane Goodall's revolutionary study of chimpanzees in Tanzania's Gombe preserve forever altered the very, definition of humanity. Now, in a poignant and insightful memoir, Jane Goodall explores her extraordinary life and personal spiritual odyssey, with observations as profound as the knowledge she has brought back from the forest.

Harvest for Hope

A Guide to Mindful Eating *Grand Central Publishing*

From world-renowned scientist Jane Goodall, as seen in the new National Geographic documentary Jane, comes a provocative look into the ways we can positively impact the world by changing our eating habits. "One of those rare, truly great books that can change the world." - John Robbins, author of The Food Revolution The renowned scientist who fundamentally changed the way we view primates and our relationship with the animal kingdom now turns her attention to an incredibly important and deeply personal issue-taking a stand for a more sustainable world. In this provocative and encouraging book, Jane Goodall sounds a clarion call to Western society, urging us to take a hard look at the food we produce and consume-and showing us how easy it is to create positive change. Offering her hopeful, but stirring vision, Goodall argues convincingly that each individual can make a difference. She offers simple strategies each of us can employ to foster a sustainable society. Brilliant, empowering, and irrepressibly optimistic, HARVEST FOR HOPE is one of the most crucial works of our age. If we follow Goodall's sound advice, we just might save ourselves before it's too late.

Seeds of Hope

Wisdom and Wonder from the World of Plants *Grand Central Publishing*

From New York Times bestselling author and world-renowned scientist Jane Goodall, as seen in the National Geographic documentary Jane, comes a fascinating examination of the critical role that trees and plants play in our world. Seeds of Hope takes us from Goodall's home in England to her home-away-from-home in Africa, deep inside the Gombe forest, where she and the chimpanzees are enchanted by the fig and plum trees they encounter. She introduces us to botanists around the world, as well as places where hope for plants can be found, such as The Millennium Seed Bank. She shows us the secret world of plants with all their mysteries and potential for healing our bodies as well as Planet Earth. Looking at the world as an adventurer, scientist, and devotee of sustainable foods and gardening--and setting forth simple goals we can all take to protect the plants around us--Goodall delivers an enlightening story of the wonders we can find in our own backyards.

Reason for Hope

An Extraordinary Life

Dr Jane Goodall is world-renowned for her work with chimpanzees and is a respected scientist and environmentalist.

Hope for Animals and Their World

How Endangered Species Are Being Rescued from the Brink *Grand Central Publishing*

From world-renowned scientist Jane Goodall, as seen in the new National Geographic documentary *Jane*, comes an inspiring message about the future of the animal kingdom. With the insatiable curiosity and conversational prose that have made her a bestselling author, Goodall - along with Cincinnati Zoo Director Thane Maynard - shares fascinating survival stories about the American Crocodile, the California Condor, the Black-Footed Ferret, and more; all formerly endangered species and species once on the verge of extinction whose populations are now being regenerated. Interweaving her own first-hand experiences in the field with the compelling research of premier scientists, Goodall illuminates the heroic efforts of dedicated environmentalists and the truly critical need to protect the habitats of these beloved species. At once a celebration of the animal kingdom and a passionate call to arms, *HOPE FOR ANIMALS THEIR WORLD* presents an uplifting, hopeful message for the future of animal-human coexistence. *PRAISE FOR HOPE FOR ANIMALS AND THEIR WORLD* "Goodall's intimate writing style and sense of wonder pull the reader into each account...The mix of personal and scientific makes for a compelling read." -Booklist "These accounts of conservation success are inspirational." - Publishers Weekly

In the Shadow of Man *Weidenfeld & Nicolson*

'One of history's most impressive field studies; an instant animal classic' *TIME* Jane Goodall's classic account of primate research provides an impressively detailed and absorbing account of the early years of her field study of, and adventures with, chimpanzees in Tanzania, Africa. It is a landmark for everyone to enjoy.

Through a Window

My Thirty Years with the Chimpanzees of Gombe *HMH*

The renowned British primatologist continues the "engrossing account" of her time among the chimpanzees of Gombe, Tanzania (*Publishers Weekly*). In her classic, *In the Shadow of Man*, Jane Goodall wrote of her first ten years at Gombe. In *Through a Window* she continues the story, painting a more complete and vivid portrait of our closest relatives. On the shores of Lake Tanganyika, Gombe is a community where the principal residents are chimpanzees. Through Goodall's eyes we watch young Figan's relentless rise to power and old Mike's crushing defeat. We learn how one mother rears her children to succeed and another dooms hers to failure. We witness horrifying murders, touching moments of affection, joyous births, and wrenching deaths. As Goodall compellingly tells the story of this intimately intertwined community, we are shown human emotions stripped to their essence. In the mirror of chimpanzee life, we see ourselves reflected. "A humbling and exalting book . . . Ranks with the great scientific achievements of the twentieth century." —*The Washington Post* "[An] absolutely smashing account . . . Thrilling, affectionate, intelligent—a classic." —*Kirkus Reviews*, starred review

Untamed

The Wild Life of Jane Goodall *National Geographic Children's Books*

"This biography for children will trace Goodall's life, but each chapter will also focus on two or more the chimpanzees that she observed, with information in sidebars about these particular animals. Along with biographical details, the book will explore the ethical issues that surround Goodall's work and show what has changed in our understanding of Great Apes. What do we know today about these animals in terms of language, speech, tool use, and DNA? How has sophisticated technology - GPS systems, Satellite imagery, portable digital microphones - been used to gain new information about animal populations."--

The Ten Trusts

What We Must Do to Care for The Animals We Love *Harper Collins*

World-renowned behavioral scientists Jane Goodall and Marc Bekoff have set forth ten trusts that we must honor as custodians of the planet. They argue passionately and persuasively that if we put these trusts to work in our lives, the earth and all its inhabitants will be able to live together harmoniously. The Ten Trusts expands the concept of our obligation to live in close relationship with animals -- for, of course, we humans are part of the animal kingdom -- challenging us to respect the interconnection between all living beings as we learn to care about and appreciate all species. The world is changing. We are gradually becoming more aware of the damage we are inflicting on the natural world. At this critical moment for the earth, Goodall and Bekoff share their hope and vision of a world where human cruelty and hatred are transformed into compassion and love for all living beings. They dream of a day when scientists and non-scientists can work together to transform the earth into a place where human beings live in peace and harmony with animals and the natural world. Simple yet profound, The Ten Trusts will not only change your perspective regarding how we live on this planet, it will establish your responsibilities as a steward of the natural world and show you how to live with respect for all life.

Hope Matters

Why Changing the Way We Think Is Critical to Solving the Environmental Crisis *Greystone Books Ltd*

"This book comes at just the right moment. It is NOT too late if we get together and take action, NOW." —Jane Goodall Fears about climate change are fueling an epidemic of despair across the world: adults worry about their children's future; thirty-somethings question whether they should have kids or not; and many young people honestly believe they have no future at all. In the face of extreme eco-anxiety, scholar and award-winning author Elin Kelsey argues that our hopelessness—while an understandable reaction—is hampering our ability to address the very real problems we face. Kelsey offers a powerful solution: hope itself. *Hope Matters* boldly breaks through the narrative of doom and gloom to show why evidence-based hope, not fear, is our most powerful tool for change. Kelsey shares real-life examples of positive climate news that reveal the power of our mindsets to shape reality, the resilience of nature, and the transformative possibilities of individual and collective action. And she demonstrates how we can build on positive trends to work toward a sustainable and just future, before it's too late. Praise for *Hope Matters* "Whether you consider yourself a passionate ally of nature, a busy bystander, or anything in between, this book will uplift your spirits, helping you find hope in

the face of climate crisis.” —Veronica Joyce Lin, North American Association for Environmental Education “30 Under 30” “A tonic in hard times.” —Claudia Dreyguis, author of *Scientific Conversations: Interviews on Science from the New York Times* “Beautifully written and an effective antidote against apathy and inaction.” —Christof Mauch, Director, Rachel Carson Center for the Environment and Society Published in Partnership with the David Suzuki Institute.

Jane Goodall: 50 Years at Gombe *Abrams*

A great deal has happened since the publication of *Jane Goodall: 40 Years at Gombe* in 1999. Most recently, endeavors at the Gombe field site have included landmark research related to AIDS progression; establishing programs to improve sanitation, health care, and education in neighboring Tanzanian communities; and partnering with local people to pursue reforestation initiatives. The accomplishments of the past 10 years alone have given the Jane Goodall Institute a great deal to celebrate. In honor of the field site’s 50th anniversary, STC is proud to release *Jane Goodall: 50 Years at Gombe*, a compelling pictorial tribute to Dr. Goodall’s life, her studies of chimpanzee behavior, and her unflagging efforts to motivate people to make this world a better place. With a new format, a modern design, more than a dozen new photographs, and updated text throughout, this revised edition retraces five decades of compassion and discovery.

With Love *Astra Publishing House*

“Chimpanzees, more like us than any other living animal, form a living link between two worlds, human and non-human beings. When David Greybeard reached out to touch my hand I needed no words to understand his message of reassurance: and I loved him.” In this enchanting book, world-renowned scientist and conservationist Jane Goodall brings together stories gleaned from nearly 40 years of studying chimpanzees in the forests of Tanzania. As the stories recounted here demonstrate, chimpanzees are capable of great compassion, altruism, and love.

#EATMEATLESS

Good for Animals, the Earth & All *Weldon Owen International*

Make a difference with every meal: eighty recipes to help you go meatless—or just eat meat less. For the health of humankind, the environment, and the animals that inhabit it, the Jane Goodall Institute presents a collection of recipes to illustrate the how and why of vegan eating. Crafted especially for curious cooks looking to incorporate healthier dietary practices and those interested in environmental sustainability, these eighty recipes gives home cooks the tools they need to take charge of their diet and take advantage of their own community’s local, seasonal bounty. Along with colorful food photography, quotes from Jane Goodall interspersed throughout transform this vegan staple into an inspiring guide to reclaiming our broken food system: for the environment, for the animals, and for ourselves. Whether you’re interested in reducing your family’s reliance on meat or in transitioning to a wholly vegetarian or vegan diet, this book has the information and inspiration you need to make meaningful mealtime choices. Dr. Jane Goodall, a longtime vegetarian and a passionate advocate for animals, invites us to commit to a simple promise with her campaign #EatMeatLess.

Visions of Caliban

On Chimpanzees and People *University of Georgia Press*

The authors use Shakespeare's *Tempest* as a metaphor for the

relationship between people and chimps, exploring the very human aspects of this remarkable species. Original.

My Life with the Chimpanzees *Simon and Schuster*

The well-known English zoologist describes her early interest in animals and how this led to her study of chimpanzees at the Gombe Stream Reserve in Tanzania.

Africa in My Blood

An Autobiography in Letters : the Early Years

The woman who devoted her life to studying chimps in Africa looks back on her life, from her early love of animals to her years in the bush observing primates, often sacrificing life's more stable pleasures

Nehru

The Debates that Defined India *Harper Collins*

From being elected as Congress president in 1929 till his death in 1964, Jawaharlal Nehru remained a towering figure in Indian politics, a man who left an indelible stamp on the history of South Asia. As a leading light of the nationalist struggle and as India's first and longest-serving prime minister, his ideas shaped the political contours of the country and left an imprint so deep that his legacy continues to be debated furiously today. In life, as in afterlife, Nehru was many things to many people. Going beyond the imposed labels of contemporary discourse, this book illuminates four encounters that Nehru had with contemporaries from across the political spectrum - Muhammad Iqbal, Muhammad Ali Jinnah, Sardar Patel and Syama Prasad Mookerjee - that are critical to understanding his ideas, and his long afterlife and impress on the present. Nehru may no longer be alive to answer his critics today, but there was a time when he pitted himself vigorously against his opponents in the marketplace of ideas, debating the most profound questions in South Asian history and decisively influencing political events. It is this intellectually combative Nehru whom we meet in this book - voicing ideological disagreements, forging political alliances, moulding political opinion, offering visions of the future and staking out the political field - a key figure in the debates that defined India

Jane Goodall

A Biography *Greenwood Publishing Group*

A biography on the life, career, and views of one of today's best-known scientists traces Goodall's path from an early fascination with animals to her landmark, but controversial, studies of chimps in the wild and conservation efforts.

Chimpanzee Children of Gombe *Astra Publishing House*

Jane Goodall’s fans and followers will love these stories and photos of chimpanzee children living in the Gombe National Park This heartwarming book is filled with photos of many of the chimpanzee babies, toddlers, and young adults that live in the Gombe National Park in Tanzania, where the Jane Goodall research center of is located. Dr. Goodall has campaigned unceasingly for the protection of the chimpanzee—now an endangered species—and this moving, personal account will educate readers about the many threats to the animals in the wild and inspire readers of all ages to join in her vital work.

The Book of Joy

Lasting Happiness in a Changing World *Penguin*

NATIONAL BESTSELLER Two great spiritual masters share their own hard-won wisdom about living with joy even in the face of adversity. The occasion was a big birthday. And it inspired two close friends to get together for a talk about something very important to them. The friends were His Holiness the Dalai Lama and Archbishop Desmond Tutu. The subject was joy. Both winners of the Nobel Prize, both great spiritual masters and moral leaders of our time, they are also known for being among the most infectious happy people on the planet, despite having experienced great personal and national suffering. From the beginning the book was envisioned as a three-layer birthday cake, the first being their personal stories and teachings about joy. Both the Dalai Lama and Tutu have been tested by extraordinary adversity, oppression, and conflict. The second layer consists of the exciting research into joy as well as the other qualities essential for any enduring happiness, like gratitude, humility, humour, compassion, generosity, and forgiveness. And the third encompasses practical exercises and guidance based on the Dalai Lama's and Tutu's own daily practices, which anchor their emotional and spiritual lives. Most of all, during that landmark week in Dharamsala, they demonstrated by their own exuberance, compassion, and even wise-cracking humour, how joy can be transformed from a fleeting emotion into an enduring way of being.

The Chimpanzee**The Living Link Between "Man" and "Beast"**

Zebra Family *Madison Marketing*
Donated.

Initiated**Memoir of a Witch** *Grand Central Publishing*

Smoke Gets in Your Eyes meets Women Who Run With The Wolves in this "gorgeously written, fierce, political, personal, and deeply inspiring" (Michelle Tea) memoir about finding meaning, beauty, and power through a life in witchcraft. An initiation signals a beginning: a door opens and you step through. Traditional Wiccan initiates are usually brought into the craft through a ceremony with a High Priestess. But even though Amanda Yates Garcia's mother, a practicing witch herself, initiated her into the earth-centered practice of witchcraft when she was 13 years old, Amanda's real life as a witch only began when she underwent a series of spontaneous initiations of her own. Descending into the underworlds of poverty, sex work, and misogyny, *Initiated* describes Amanda's journey to return to her body, harness her power, and create the magical world she longed for through witchcraft. Hailed by crows, seduced by magicians, and haunted by ancestors broken beneath the wheels of patriarchy, Amanda's quest for self-discovery and empowerment is a deep exploration of a modern witch's trials - healing ancient wounds, chafing against cultural expectations, creating intimacy - all while on a mission to re-enchant the world. Peppered with mythology, tales of the goddesses and magical women throughout history, *Initiated* stands squarely at the intersection of witchcraft and feminism. With generosity and heart, this book speaks to the question: is it possible to live a life of beauty and integrity in a world that feels like it's dying? Declaring oneself a witch and practicing magic has everything to do with claiming authority and power for oneself, of taking back our planet in the name of Love. *Initiated* is both memoir and manifesto calling the magical people of the world to take up their

wands: stand up, be brave, describe the world they want, then create it like a witch.

The Chimpanzees I Love**Saving Their World and Ours** *Scholastic Paperbacks*

Lavishly illustrated with more than eighty full-color photographs, a moving, personal account of the author's findings about the socialization of these endangered animals is intended to increase awareness about the need to protect the chimpanzees.

Practice Makes Progress**My Creative Journal** *Page Street Publishing*

Nurture Your Inner Artist Open yourself up to a new world of creativity and art exploration with this interactive guided journal. Amy Latta's colorful prompts will help you let go of perfection and find joy in the process of art. Readers of Amy's hand lettering books rave about her encouraging and friendly writing. Every time you open this book, she'll be there to cheer you on through the ups and downs in your artistic journey, help you find that positive outlook and remind you of the value you bring to this world through the art that only you can make. Packed with bite-size guided exercises, inspirational quotes, bordered blank pages and personal stories from Amy's life as a professional artist, this journal will empower you to embrace self-expression and to take new steps on your creative journey.

Animal Field Journal**Inspired by the Journals of Jane Goodall** *Jane & Me: Jane Goodall Instit*

Inspired by Jane Goodall's research field journals, this interactive sound book explores the fascinating endangered animals Jane studied found in the jungles and grasslands of Tanzania, Africa. Little explorers will love listening and learning all about chimpanzees, lions, zebras, rhinos, and elephants by pushing the corresponding animal sound button on each page and following along for a fun sensory experience designed to entertain and educate curious little readers. Learn fun facts, listen to animal sounds, and study animal behavior by viewing real photographs and detailed sketches of animals found in their natural habitats! An educational and insightful book perfect for little animal lovers! Collect the entire Jane & Me series! When children learn about animals and the environment, they begin to understand that everything is connected -- and that they can make a difference in this world. Jane & Me books plant seeds for understanding, love, care, and most importantly, hope. A portion of the proceeds from the sale of this book goes to support the Jane Goodall Institute. The Jane & Me brand is also a member of 1% for the Planet -- a global network whose members contribute at least one percent of their annual sales to environmental causes. Love-Build a foundation of love and respect for animals Learn--Learn facts about animals to spark interest in nature Care-Discover how animals live and how to help them Hope-Grow into a naturalist who protects the planet Jane & Me is a trademark of the Jane Goodall Institute

In My Place *Vintage*

The first black woman to attend the University of Georgia recounts her youthful dreams, her witness to the brutal realities of segregation, and her career as a correspondent for the MacNeil/Lehrer NewsHour. Reprint. 30,000 first printing.

Total Recovery

Solving the Mystery of Chronic Pain and Depression *Rodale*

About 100 million Americans live with some form of chronic pain—more than the combined number who suffer from diabetes, heart disease, and cancer. But chronic pain has always been a mystery. It often returns at the slightest provocation, even when doctors can't find anything wrong. Oddly enough, whether the pain is physical or emotional, traumatic or slight, our brains register all pain as the same thing, and these signals can keep firing in the nervous system for months, even years. In *Total Recovery*, Dr. Gary Kaplan argues that we've been thinking about disease all wrong. Drawing on dramatic patient stories and cutting-edge research, the book reveals that chronic physical and emotional pain are two sides of the same coin. New discoveries show that disease is not the result of a single event but an accumulation of traumas. Every injury, every infection, every toxin, and every emotional blow generates the same reaction: inflammation, activated by tiny cells in the brain, called microglia. Turned on too often from too many assaults, it can have a devastating cumulative effect. Conventional treatment for these conditions is focused on symptoms, not causes, and can leave patients locked into a lifetime of pain and suffering. Dr. Kaplan's unified theory of chronic pain and depression helps us understand not only the cause of these conditions but also the issues we must address to create a pathway to healing. With this revolutionary new framework in place, we have been given the keys to recover.

Jane Goodall: A Champion of Chimpanzees *HarperCollins*

Learn about the life of Jane Goodall, a pioneering scientist who became the world expert on chimpanzees, in this early reader biography. Jane Goodall was the first person to study wild chimpanzees up close in a rain forest. She befriended the chimps and discovered amazing facts about their behaviors. What she learned forever changed how people look at these animals. Beginning readers will learn about the milestones in Jane Goodall's life in this Level Two I Can Read biography. This biography includes a timeline and photos all about the life of this inspiring scientist. This biography reader includes a timeline and historical photos all about the life of this inspiring figure. *Jane Goodall: A Champion of Chimpanzees* is a Level Two I Can Read, geared for kids who read on their own but still need a little help. Whether shared at home or in a classroom, the engaging stories, longer sentences, and language play of Level Two books are proven to help kids take their next steps toward reading success.

Lion Family *Madison Marketing*

Describes the family life and eating and mating habits of Africa's fearless carnivore.

Big Green Purse

Use Your Spending Power to Create a Cleaner, Greener World *Penguin*

Read Diane McEachern's posts on the Penguin Blog. Protecting our environment is one of the biggest issues facing our planet today. But how do we solve a problem that can seem overwhelming—even hopeless? As Diane MacEachern argues in *Big Green Purse*, the best way to fight the industries that pollute the planet, thereby changing the marketplace forever, is to mobilize the most powerful consumer force in the world—women. MacEachern's message is simple but revolutionary. If women harness the "power of their purse" and intentionally shift their spending money to commodities that have the greatest environmental benefit, they can create a cleaner, greener world. Spirited and informative, this book: - targets twenty commodities-

cars, cosmetics, coffee, food, paper products, appliances, cleansers, and more—where women's dollars can make a dramatic difference; - provides easy-to-follow guidelines and lists so women can choose the greenest option regardless of what they're buying, along with recommended companies they should support; - encourages women to spend wisely by explaining what's worth the premium price some green products cost, what's not, and when they shouldn't spend money at all; and - differentiates between products that are actually "green" and those that are simply marketed as "ecofriendly." Whether readers want to start with small changes or are ready to devote the majority of their budget to green products, MacEachern offers concrete and immediate ways that women can take action and make a difference. Empowering and enlightening, *Big Green Purse* will become the "green shopping bible" for women everywhere who are asking, "What can I do?"

Jane Goodall

The Woman Who Redefined Man *Houghton Mifflin Harcourt*

A biography of Jane Goodall describes how she revolutionized the study of primates through her years of study of the chimpanzees of Gombe and helped establish radical new standards and a new intellectual style in the study of animal behavior.

The Chimpanzee Whisperer

A Life of Love and Loss, Compassion and Conservation *Simon and Schuster*

A moving, heartwarming memoir about a conservation hero and real-life chimpanzee whisperer—now the subject of the award-winning documentary film *Pant Hoot*. Stany Nyandwi's gift for communicating with chimpanzees is so special that world-renowned primatologist Dr. Jane Goodall has called him a "chimpanzee whisperer." His skills and devotion to these creatures—our closest living relatives, with whom we share 98.7 percent of our DNA—have earned him international awards and sent him on travels within Africa and around the world. But he began life in poverty, born and raised in a dirt-floor, straw-roofed hut in rural Burundi. *The Chimpanzee Whisperer* is the story of his astonishing life journey. It is also an African story. Receiving only an elementary education before he quit school, he suffered injustice and tragic loss because of his ethnic group. He began caring for orphaned and rescued chimps in Burundi. When the country descended into civil war and genocide, he was forced to flee with the chimps and endured long separation from his family. Continuing to work with and learn about chimpanzees in Kenya, Uganda, and later South Africa, he made himself into an incomparable authority. His memoir has adventure, danger, and many unique and touching stories about chimpanzees that show his bond with and understanding of them. As told to award-winning author David Blissett, it reveals a remarkable man who has refused to let circumstances defeat him. Conditioned by hate, wounded by loss, he has lived for love, faith, and compassion, giving new life, as Dr. Jane Goodall writes in her foreword, "to so many chimpanzees whose families, like his own, were torn apart by violence."

Turning Homeward

Restoring Hope and Nature in the Urban Wild *Mountaineers Books*

- A beautifully rendered natural history of the Puget Sound region

Turning Homeward: Restoring Hope and Nature in the Urban Wild is the journey of a newcomer to the Pacific Northwest who learns

that home isn't simply where you live, but where you create belonging. Set in Seattle and Western Washington's urban and suburban "altered" landscapes, *Turning Homeward* creates an accessible narrative of the complicated joys of rolling up one's sleeves to help repair our beautiful, broken world. Adrienne Scanlan's personal story blends into the natural history of Puget Sound and the tangled issues around urban renewal and river restoration. In the process, readers move with her into a meaningful, hope-filled engagement with place and another understanding of the idea of home. Adrienne explores how seasons spent restoring the city's salmon runs help her make peace with her father's death and build a new marriage. *Turning Homeward* speaks to a simple truth spreading through our society: The nature we cherish lives alongside us, and by restoring it we heal both home and heart.

Reason for Hope

A Spiritual Journey

Dr Jane Goodall is world-renowned for her work with chimpanzees and is a highly respected scientist and environmentalist. This is a spiritual autobiography that explores her beliefs about spirituality and moral evolution.

Earthshot

How to Save Our Planet *John Murray*

As Prince William, founder of The Earthshot Prize, said, 'The Earth is at a tipping point and we face a stark choice: either we continue as we are and irreparably damage our planet, or we remember our unique power as human beings and our continual ability to lead, innovate, and problem-solve. People can achieve great things. The next ten years present us with one of our greatest tests - a decade of action to repair the Earth.' The Earthshot concept is simple: Urgency + Optimism = Action. We have ten years to turn the tide on the environmental crisis, but we need the world's best solutions and one shared goal - to save our planet. It's not too late, but we need collective action now. The Earthshots are unifying, ambitious goals for our planet which, if achieved by 2030, will improve life for all of us, for the rest of life on Earth, and for generations to come. They are to: · Protect and Restore Nature · Clean our Air · Revive our Oceans · Build a

Waste-Free World · Fix our Climate **EARTHSOT: HOW TO SAVE OUR PLANET** is the first definitive book about how these goals can tackle the environmental crisis. It is a critical contribution to the most important story of the decade.

The Book of Moods

How I Turned My Worst Emotions Into My Best Life *Grand Central Publishing*

The Happiness Project meets *So Sad Today* in this "hilariously witty, unflinchingly honest" book from Words of Women founder Lauren Martin, as she contemplates the nature of negative emotions -- and the insights that helped her to take control of her life (Bobbi Brown). Five years ago, Lauren Martin was sure something was wrong with her. She had a good job in New York, an apartment in Brooklyn, a boyfriend, yet every day she wrestled with feelings of inferiority, anxiety and irritability. It wasn't until a chance encounter with a (charming, successful) stranger who revealed that she also felt these things, that Lauren set out to better understand the hold that these moods had on her, how she could change them, and began to blog about the wisdom she uncovered. It quickly exploded into an international online community of women who felt like she did: lost, depressed, moody, and desirous of change. Inspired by her audience to press even deeper, *The Book of Moods* shares Lauren's journey to infuse her life with a sense of peace and stability. With observations that will resonate and inspire, she dives into the universal triggers every woman faces -- whether it's a comment from your mother, the relentless grind at your job, days when you wish the mirror had a Valencia filter, or all of the above. Blending cutting-edge science, timeless philosophy, witty anecdotes and effective forms of self-care, Martin has written a powerful, intimate, and incredibly relatable chronicle of transformation, proving that you really can turn your worst moods into your best life.

Loretta Lynn

Coal Miner's Daughter *Vintage*

Tying in with the publication of the singer's long-awaited autobiographical sequel--"Still Woman Enough"--this is the original autobiography of the girl from Butcher Holler. of photos.