

Como Quitar Un Amarre

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An Easy Guide to TENS Pain Relief The pads are already pre-gelled and will adhere to your skin. To avoid damage to the adhesive surface of the pads, put the pads only on the skin or on the plastic pad holder provided. Place the pads at least 1 inch apart on your skin. The pads should never touch each other. Always place clean pads in accordance ...

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Pain Pads Manual Guide (Warning: Avoid placing pads directly on spine.) 1. Carefully place the massage pads across the targeted area such as your low/mid and/or upper back. 2. Apply to multiple areas simultaneously using four pads, or use 6 pads with the optional dual connector. 3. Place pads vertically when pain

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Pain Pads Manual Guide File Horizontal Pads for smaller areas When the pain is more focused, place pads in parallel on each side. (Do not place on the spine) Vertical Pads for wider areas When the pain spans across the back, place one pad to the left and one to the right . Move pads higher or lower as needed. Combo vertical & angled pads When

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Gel Pad Positioning Legs and Feet Lower back Upper back NOTE: DO NOT PLACE ON SPINE For other areas of pain, place the gel pads around the area of pain 4 - 6 inches apart (approximately). Page 14: Battery Information Battery Information 1. Please use 4 x AAA batteries in the unit (not included). 2.

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By using TENS you can expect to achieve a significant reduction in pain if not complete pain relief. 3. SIDE EFFECTS There are no known side effects to TENS use and long-term TENS use is not harmful. 4. CONTENTS The pack contains: Touch TENS Pain Relief unit Belt Clip 2 x Leadwire Pack of 4,

50x50mm, self-adhesive electrode pads (item code: E ...

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TENS 7000 Instruction Manuals

Make sure the batteries and the output cables are installed correctly. Connect the output cable to the gel pad. Attach the gel pad to the area surrounding the pain area (for more information please look at the programs and gel pad placement in the instruction manual. You are ready to go.

LloydsPharmacy dual channel digital TENS pain reliever ...

Installation Guide. PAD User Account. Product Registration Procedures. ... Operating System. Applications. File Compatibility. Hardware Related Questions. User Guide. PAD Pattern Design. Chapter 1: Software Basic Knowledges; Chapter2: Functions of Menu; Chapter 3: Pattern Design Tools; ... PAD Tool Tutorials. Selection Drawing Points ...

PAD System

Pain in the joints and limbs Electrode placement variations: Pain in the joints, sport injuries, soft tissue injuries, may cause joint aches, which often occur in the joints of shoulder, Shoulders Waist and leg elbow, knee, wrist, ankle, etc. Position of electrode pads For joint pain, two electrode pads should be applied to the two symmetrical sides of the painful point, see Fig.

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WWE SmackDown!: Here Comes The Pain Controls for Sony PlayStation 2 controller; including how to perform finishers, reversals, Irish whip, run, attacks and grapples! Finisher / 'Smackdown!' Move: L1 Button Strikes: X + Directional Button Grapples: In...

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