

Too Soon Old Too Late Smart

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Too Soon Old, Too Late Smart

Thirty True Things You Need to Know Now *Da Capo Press*
After service in Vietnam, as a surgeon for the 11th Armored Cavalry Regiment in 1968-69, at the height of the war, Dr. Gordon Livingston returned to the U.S. and began work as a psychiatrist. In that capacity, he has listened to people talk about their lives-what works, what doesn't, and the limitless ways (many of them self-inflicted) that people find to be unhappy. He is also a parent twice bereaved; in one thirteen-month period, he lost his eldest son to suicide, his youngest to leukemia. Out of a lifetime of experience, Gordon Livingston has extracted thirty bedrock truths: We are what we do. Any relationship is under the control of the person who cares the least. The perfect is the

enemy of the good. Only bad things happen quickly. Forgiveness is a form of letting go, but they are not the same thing. The statute of limitations has expired on most of our childhood traumas. Livingston illuminates these and twenty-four others in a series of carefully hewn, perfectly calibrated essays, many of which focus on our closest relationships and the things that we do to impede or, less frequently, enhance them. Again and again, these essays underscore that “we are what we do,” and that while there may be no escaping who we are, we have the capacity to face loss, misfortune, and regret and to move beyond them—that it is not too late. Full of things we may know but have not articulated to ourselves, *Too Soon Old, Too Late Smart* offers solace, guidance, and hope to everyone ready to become the person they’d most like to be.

Too Soon Old, Too Late Smart

Thirty True Things You Need to Know Now *Da Capo Lifelong Books*

After service in Vietnam, as a surgeon for the 11th Armored Cavalry Regiment in 1968-69, at the height of the war, Dr. Gordon Livingston returned to the U.S. and began work as a psychiatrist. In that capacity, he has listened to people talk about their lives—what works, what doesn't, and the limitless ways (many of them self-inflicted) that people find to be unhappy. He is also a parent twice bereaved; in one thirteen-month period, he lost his eldest son to suicide, his youngest to leukemia. Out of a lifetime of experience, Gordon Livingston has extracted thirty bedrock truths: We are what we do. Any relationship is under the control of the person who cares the least. The perfect is the enemy of the good. Only bad things happen quickly. Forgiveness is a form of letting go, but they are not the same thing. The statute of limitations has expired on most of our childhood traumas. Livingston illuminates these and twenty-four others in a series of carefully hewn, perfectly calibrated essays, many of which focus on our closest relationships and the things that we do to impede or, less frequently, enhance them. Again and again, these essays underscore that “we are what we do,” and that while there may be no escaping who we are, we have the capacity to face loss, misfortune, and regret and to move beyond them—that it is not too late. Full of things we may know but have not articulated to ourselves, *Too Soon Old, Too Late Smart* offers solace, guidance, and hope to everyone ready to become the person they'd most like to be.

The Thing You Think You Cannot Do

Thirty Truths about Fear and Courage *Da Capo Lifelong Books*

What are we afraid of and what can we do about it? Fear—of change, of intimacy, of loss, of the unknown—has become a corrosive influence in modern life, eroding our ability to think clearly. Exploited for power by politicians and for money by the media, it has become embedded in the way we think about our lives. Overcoming our fear, says Gordon Livingston, constitutes the most difficult struggle we face. Dr. Livingston, a psychiatrist, has increasingly found himself prescribing virtues like courage to his patients instead of tranquilizers or antidepressants. Now he tells us all what we need to do to develop personal virtues in the face of societal fear—and our own individual fears. And he does this with the crystalline prose and leavening wit that have made him an internationally bestselling author. As the celebrated novelist Mark Helprin has said of Dr. Livingston: “To read him is to trust him and to learn, for his life has been touched by fire, and his motives are absolutely pure.”

Too Soon, Too Late

How a family turned its own tragedies into a remarkable crusade to keep all our children safe *Allen & Unwin*

On a winter's night in July 2012, Kathy and Ralph Kelly received a phone call no parent should ever have to answer. It was the Emergency department of a Sydney hospital, telling them that their eldest son Thomas had been in an altercation and that they were to come at once. Thomas had been coward punched by a total stranger within two minutes of getting out of a taxi in Kings Cross, on his way to a private 18th birthday party of a friend. Two days after that first phone call Kathy and Ralph were told that their son had suffered catastrophic head injuries resulting in brain death. They were advised that there was no other option but to switch off his life support. He was 18 years old. In the aftermath of their son's death, Kathy and Ralph became the public face of the campaign to end the drunken violence that plagued Sydney's major nightspots. Along with Premiers Barry O'Farrell and Mike Baird they helped institute the lock out laws that have been a major factor in the reduction of alcohol related deaths and injuries in Darling Harbour, Kings Cross and Sydney's CBD. They were also instrumental in creating Take Kare Safe Spaces ('Kare' with a 'K' after Thomas's initials) for young people in key nightspots, which has now registered over 52,000 interventions since December 2014, what the Kellys call 'sliding door moments', the difference between a young person's life continuing on as normal or degenerating into something terrible. And they were one of the driving forces behind the introduction of tougher sentencing for 'coward-punch' deaths. But their campaigning created a huge toll on their family. Online intimidation, death threats and false news about the mishandling of donations came from those with a stake in the clubs and businesses who were the lock out laws financial losers. When Stuart Kelly, Thomas's younger brother, went for his first night at University of Sydney's St Paul's College, Ralph and Kathy believe the bullying he experienced because of the family's profile was so traumatising he left university for good the next day, and wouldn't tell his parents exactly what he'd been made to endure. Five months later, on July 25th 2016, Stuart took his own life. This book is the Kellys' story. How they coped with one unimaginable tragedy, only to find that it had sowed the seed for another. How in the face of these terrible losses they have found the spirit and the drive to campaign first for a safer environment for all our children, and for a greater understanding of young people's self-harm and its drivers.

A Breath Too Late *Henry Holt and Company (BYR)*

For fans of *Girl in Pieces*, *All the Bright Places*, and *Girl, Interrupted* comes a haunting and breathtaking YA contemporary debut novel that packs a powerful message: hope can be found in the darkness. “Raw, heartbreaking, and poignant.” —New York Times—bestselling author Kathleen Glasgow A Chicago Public Library and Kirkus Best Book of the Year! Seventeen-year-old Ellie had no hope left. Yet the day after she dies by suicide, she finds herself in the midst of an out-of-body experience. She is a spectator, swaying between past and present, retracing the events that unfolded prior to her death. But there are gaps in her memory, fractured pieces Ellie is desperate to re-assemble. There's her mother, a songbird who wanted to break free from her oppressive cage. The boy made of brushstrokes and goofy smiles who brought color into a gray world. Her brooding father, with his sad puppy eyes and clenched fists. And Ellie's determined to find out why a piece of her was left behind. Told in epistolary-like style, Rocky Callen's deeply moving *A Breath Too Late* sensitively examines the beautiful and terrible moments that

make up a life and the possibilities that live in even the darkest of places. Perfect for fans of the critically-acclaimed *Speak*, *I'll Give You the Sun*, and *If I Stay*. "An exquisitely played love song to life, in all of its hurts, wonders, memories, and loves." –Jeff Zentner, Morris Award winning author of *The Serpent King* and *Goodbye Days* "A haunting story, punctuated with brilliant points of hope and light. This is an important story. A necessary story . . . Callen's writing radiates with passion, honesty and love." —National Book Award finalist and Printz Award-winning author An Na

How to Love

Choosing Well at Every Stage of Life *ReadHowYouWant.com*
Large print.

Before It's Too Late

Why Some Kids Get Into Trouble--and What Parents Can Do About It *Harmony*

This is a body of work which gives concerned parents and professionals instructive insight into the personality of "problem children" and gives practical suggestions for taking corrective and remedial steps before it's too late.

If You're Reading This, It's Too Late *Little, Brown Books for Young Readers*

Beware! Dangerous secrets lie between the pages of this book. OK, I warned you. But if you think I'll give anything away, or tell you that this is the sequel to my first literary endeavor, *The Name of This Book is Secret*, you're wrong. I'm not going to remind you of how we last left our heroes, Cass and Max-Ernest, as they awaited initiation into the mysterious Terces Society, or the ongoing fight against the evil Dr. L and Ms. Mauvais. I certainly won't be telling you about how the kids stumble upon the Museum of Magic, where they finally meet the amazing Pietro! Oh, blast! I've done it again. Well, at least I didn't tell you about the missing Sound Prism, the nefarious Lord Pharaoh, or the mysterious creature born in a bottle over 500 years ago, the key to the biggest secret of all. I really can't help myself, now can I? Let's face it - if you're reading this, it's too late.

It's Never Too Late

Getting Older, Wiser, and Worry Free in Our Golden Years *Morgan James Publishing*

Growing old doesn't have to be so hard with this "important and valuable book for baby boomers and their children" (Florence Henderson). We're all going to die. A jolting thought, yes, but an important truth. We all must come to terms with our mortality and move beyond the overwhelming fear and horror many Americans feel when confronted with the realities of growing old. Far too many of us feel powerless to do anything about it. But it doesn't have to be that way. In *It's Never Too Late*, Scott Page offers us easy (and even fun) ways to develop a workable plan for living out our lives with greater security and peace of mind, regardless of our current age or station in life—leaving us wondering why we didn't do something about it sooner. With easy, fast-acting steps to restore faith in ourselves and hope for our future, Scott offers a holistic methodology anyone can follow if they're willing to take action and pave the way for a safe, secure future.

Never Too Late

A Novel *MIRA*

#1 New York Times bestselling author Robyn Carr examines the lives of three sisters as they step beyond the roles of wife, mother, daughter and discover the importance of being a woman first Clare Wilson is starting over. She's had it with her marriage to a charming serial cheater. Even her own son thinks she's given his father too many chances. With the support of her sisters, Maggie and Sarah, she's ready to move on. Facing her fortieth birthday, Clare is finally feeling the rush of unadulterated freedom. But when a near-fatal car accident lands Clare in the hospital, her life takes another detour. While recovering, Clare realizes she has the power to choose her life's path. The wonderful younger police officer who witnessed her crash is over the moon for her. A man from her past stirs up long-buried feelings. Even her ex is pining for her. With enthusiasm and a little envy, her sisters watch her bloom. Together, the sisters encourage each other to seek what they need to be happy. Along the way they all learn that it's never too late to begin again.

Too Soon Old, Too Late Smart. Thirty True Things You Need to Know

From a psychiatrist who has spent the past thirty years listening to other people's most intimate secrets and troubles—an eloquent, incisive, and deeply perceptive book about the things we all share—and which every one of us grapples with as we strive to make the most of the life we have left.

Never Too Late

A 90-Year-Old's Pursuit of a Whirlwind Life *Rowman & Littlefield*

Libraries are filled with volumes containing recipes for growing old gracefully. Most of them are based on mountains of research and statistics. Career correspondent and author Roy Rowan read many of these books, and found in them some good advice. *Never Too Late* is no such manual. It is simply one man's views of the pleasures and potentials of old age based on a long life of adventure as a correspondent for the world's leading magazines—and the lessons learned along the way from diverse groups of people, from the world's most powerful leaders to some of the world's most hapless individuals. Rowan interweaves quotes from experts in gerontology and other sage writers with his own experiences and insights. He addresses a spectrum of topics, including the subjectivity of the label "old," the importance of optimism, and the fight to maintain independence as the years go by. He also encourages retirees to start a second career or activity, naming the Three E's of Enthusiasm, Exertion, and Energy as the keys to pursuing a new passion.

Too Late to Die Young

Nearly True Tales from a Life *Macmillan*

A civil rights advocate for people with disabilities describes the congenital neuromuscular disease that rendered her dependent on the assistance of others, her life-long struggle against popular assumptions about disabled people, and her philosophical and practical beliefs about mortality. Reprint. 25,000 first printing.

Old Too Soon, Smart Too Late

My Story *Hachette UK*

'Searingly honest' - Paul Hayward, Daily Telegraph 'illuminating' - Martin Samuel, Daily Mail 'warts-and-all ... unsparing, honest' GQ magazine Kieron Dyer's memoir, *Old Too Soon, Smart Too Late*, is the first intimate and unsparing portrait of the failures and

excesses of the generation of English footballers made rich beyond their wildest dreams by the post-1990 World Cup boom in the game and the explosion of the Premier League. It shares the same brutal honesty and self-awareness of the bestselling *No Nonsense* by Joey Barton and *GoodFella* by Craig Bellamy. In the public mind, Kieron Dyer came to symbolise so much of what was self-destructive about a group of football players known collectively as the 'Baby Bentley generation'. Nicknamed 'The King of Bling' by the tabloid press, Dyer was caught up in many of the scandals that characterised the history of a talented crop of players who promised so much and delivered so little, a generation whose wages and lavish lifestyles began to alienate them from the fans who once worshipped them. The brash young man is gone now, and in his place is the quiet, caring, wise man who was such a favourite on *I'm a Celebrity, Get me Out of Here!* in 2015. Dyer narrates, in uncompromising detail, how a generation of talented English footballers, taken out of working class childhoods and presented with a world of glitz, glamour, wealth and temptation, failed to cope with the riches that were presented to them and often fell apart. *Old Too Soon, Smart Too Late* is about a moment in time, a social and historical record of English football at the start of its gold rush. For Dyer, the end of the book brings a measure of personal redemption and peace but for the English game, there is only a lingering sense of waste and regret for an opportunity lost.

It's Never Too Late to Begin Again

Discovering Creativity and Meaning at Midlife and Beyond *Tarcherperigee*

"Julia Cameron has inspired millions with her bestseller *The Artist's Way*. Now at the age of sixty-five, she shows her contemporaries how retirement can be the most creative and fulfilling stage of life yet. For some, retirement is a day to work toward with anticipation. Others approach retirement with greater ambivalence. While the newfound freedom is exciting and filled with possibility, the idea of retirement can also be very daunting. You are in a unique position to explore yourself and your desires from a place of experience. But the line has been drawn in the sand: The life that you have known has changed, and the life to come is yet to be defined. This book is a twelve-week course aimed at defining--and creating--the life you want to have as you redefine--and re-create--yourself. Filled with essays, tools, and exercises to be done alone or in groups, this toolkit will guide and inspire retirees wishing to expand their creativity. This fun, gentle, step-by-step process will help you explore your creative dreams, wishes, and desires--and quickly find that it's never too late to begin anything"--

My Monticello

Fiction *Henry Holt and Company*

"A badass debut by any measure—nimble, knowing, and electrifying." —Colson Whitehead, Pulitzer Prize-winning author of *The Nickel Boys* and *Harlem Shuffle* "...My Monticello' is, quite simply, an extraordinary debut from a gifted writer with an unflinching view of history and what may come of it." —The Washington Post Winner of the Weatherford Award in Fiction A young woman descended from Thomas Jefferson and Sally Hemings driven from her neighborhood by a white militia. A university professor studying racism by conducting a secret social experiment on his own son. A single mother desperate to buy her first home even as the world hurtles toward catastrophe. Each fighting to survive in America. Tough-minded, vulnerable, and brave, Jocelyn Nicole Johnson's precisely imagined debut explores

burdened inheritances and extraordinary pursuits of belonging. Set in the near future, the eponymous novella, "My Monticello," tells of a diverse group of Charlottesville neighbors fleeing violent white supremacists. Led by Da'Naisha, a young Black descendant of Thomas Jefferson and Sally Hemings, they seek refuge in Jefferson's historic plantation home in a desperate attempt to outlive the long-foretold racial and environmental unravelling within the nation. In "Control Negro," hailed by Roxane Gay as "one hell of a story," a university professor devotes himself to the study of racism and the development of ACMs (average American Caucasian males) by clinically observing his own son from birth in order to "painstakingly mark the route of this Black child too, one whom I could prove was so strikingly decent and true that America could not find fault in him unless we as a nation had projected it there." Johnson's characters all seek out home as a place and an internal state, whether in the form of a Nigerian widower who immigrates to a meager existence in the city of Alexandria, finding himself adrift; a young mixed-race woman who adopts a new tongue and name to escape the landscapes of rural Virginia and her family; or a single mother who seeks salvation through "Buying a House Ahead of the Apocalypse." United by these characters' relentless struggles against reality and fate, *My Monticello* is a formidable book that bears witness to this country's legacies and announces the arrival of a wildly original new voice in American fiction.

Too Much, Too Late *Three Rivers Press*

Unlikely ex-rock star Sandy James grumbles, bemoans, and proselytizes about the long career but short success of his rock band, the Jane Ashers, in this edgy second novel from "Spin" senior writer Spitz.

Born Too Late to a World Too Old *America Star Books*

Cristian Porcino's *Born Too Late to a World Too Old* delves into that territory through writing, to explore all the principles and purposes that becomes a tool for probing the moods and smells of a quite complex and varied universe. Then, the poet takes a trip or a re-visitation where he meets people, places, moods and feelings that dot the path and that miraculously become his traveling companions. Thus, the language translates into a communication code characterized by modulations and colloquialisms that prefigure the soundings. Porcino does not chase certainties but rather analyzes and make queries, relying on the word as a guide.

It's Never Too Late to Sleep Train

The Low-Stress Way to High-Quality Sleep for Babies, Kids, and Parents *Rodale Books*

From a leading pediatric sleep physician comes a revolutionary program that will have everyone in the house sleeping through the night. When Dr. Craig Canapari became a father, he realized that all his years of 36-hour hospital shifts didn't even come close to preparing him for the sleep deprivation that comes with parenthood. The difference is that parents don't get a break—it's hard to know if there's a night of uninterrupted sleep anywhere in the foreseeable future. Sleepless nights for kids mean sleepless nights for the rest of the family—and a grumpy group around the breakfast table in the morning. In *It's Never Too Late to Sleep Train*, Canapari helps parents harness the power of habit to chart a clear path to high-quality sleep for their children. The result is a streamlined two-step sleep training plan that focuses on cues and consequences, the two elements that shape all habits and that take on special importance when it comes to kids' bedtime routines. Dr. Canapari distills years of clinical research and

experience to make sleep training simple and stress-free. Even if you've been told that you've missed the optimal "window" for sleep training, Dr. Canapari is here to prove that it's never too late, whether your child is 6 months or 6 years old. He's on your side in the battle against bedtime, and with his advice, parents and children alike can expect a lifetime of healthy sleep.

Before It's Too Late *Legend Press Ltd*

The first DI Will Jackman crime thriller from the author of *Beneath the Ashes* and *The Lies Within*. "Dark, sinister and page turning."—Rebecca Bradley, bestselling author of the DI Hannah Robbins series Following an argument with her British boyfriend, Chinese student Min Li is abducted whilst walking the dark streets of picturesque Stratford-upon-Avon alone. Trapped in a dark pit, Min is at the mercy of her captor. Detective Inspector Will Jackman is tasked with solving the case and in his search for answers discovers that the truth is buried deeper than he ever expected. But, as another student vanishes and Min grows ever weaker, time is running out. Can Jackman track down the kidnapper, before it's too late? "My kind of book. Jane Isaac writes with real confidence and attention to detail. An enjoyable and authentic British police procedural."—Mari Hannah, author of the *Kate Daniels Mysteries* "The criminal world is always closer than you think . . . Tense and cop-savvy."—Phil Rickman, author of the *Merrily Watkins Mysteries* "Sharp writing and extremely authentic—a very engaging read."—Mel Sherratt, bestselling author of the *DS Grace Allendale* series "A dark, tense and pacy thriller with satisfying twists. Jane Isaac knows how to write crime novels, and this one will leave you wanting more."—SJI Holliday, author of *The Last Resort* "An involving and clever plot; a sympathetic protagonist. In a crowded field, Jane Isaac writes like a seasoned professional."—Mick Herron, CWA Gold Dagger Award-winning author of the *Slough House* series

Never Too Late, Revised Edition

Take Control of Your Retirement and Your Future *Harper Collins*

We all know we should save for retirement, right? But we don't. We're just not sure where to start, or when. Experts conjure magic numbers and use complicated terminology. Do we really need a million dollars? And if we don't have a snowball's chance in hell of saving that much, should we even bother? Gail's answers are no and yes—there is no magic number that fits everyone, and yes, you must bother! The hardest part of retirement planning is getting started, so Gail walks you through the steps to put momentum on your side—even if it's with as little as a dollar a day. She'll help you figure out where you are now, where you want to be and how to get there. No expert, Gail included, should offer a one-size-fits-all solution, which is why *Never Too Late* has concrete steps for developing a plan that is right for you. *Never Too Late* is about cutting through the crap, taking charge and taking action to create the future you want.

Roar

into the second half of your life (before it's too late) *Simon and Schuster*

Discover how to make the second half of your life happy and productive with this perceptive and inspiring guidebook that will help you achieve your dreams and get more out of life—whether or not retirement is in your future plans. We are living in a time when everyone is constantly reassessing what is next for them. In the mid-career group, people who have spent years working are now seeing their industry dramatically evolve and are facing the

question: "What does that mean for me in the next twenty years?" At the same time, the post-career population is also going through massive change and dealing with the fact that many of them are not prepared financially, logistically, or emotionally for the next phase of their lives. And while we may want to retire, most of us don't want to do nothing. With expert insight and approachable techniques, *Roar* will help you identify fresh goals and take meaningful action to achieve a purposeful life. Featuring a unique and dynamic 4-part process, *Roar* will show you how to: - Reimagine yourself - Own who you are - Act on what's next - Reassess your relationships Transformative and invigorating, this is the ultimate roadmap to the latest journey of your life.

Too Late The Phalarope *Simon and Schuster*

From the author of *Cry*, *The Beloved Country* comes a powerful novel of terror and remorse "written in exquisitely balanced prose" (*Chicago Sun-Times*) about a white policeman who has an affair with a native girl in South Africa. After violating his country's ironclad law governing relationships between the races, a young white South African police lieutenant must struggle alone against the censure of an inflexible society, his family, and himself.

Too Late to Say Goodbye *Simon and Schuster*

Written within a cloistered environment to protect sources that have yet to be identified, *TOO LATE TO SAY GOODBYE* is a chilling portrait of two beautiful, successful women whose murders were made to look like suicides. Jenn Corbin appeared to have it all: two little boys, a posh home in the suburbs of Atlanta, and a husband - Dr Bart Corbin, a successful dentist - who was handsome and brilliant. Then, in December 2004, Jenn was found dead with a bullet in her head, apparently by suicide. Only later would detectives learn that another woman in Dr Corbin's past had been found years earlier with nearly the exact same wound to the head, also ruled a suicide. In *TOO LATE TO SAY GOODBYE*, Ann Rule - working in cooperation with victims' families, police investigators, and sources from Georgia to Australia - unravels the now-sensational deaths. What emerges is an incredible tale of jealous rage; of stunning evidence that runs from the steamy to the macabre; and of a fateful, mind-boggling coincidence that appears to have motivated the killings. The definitive unravelling of one of the strangest murder investigations of our time, this is the greatest achievement of a truly great writing career.

Old In Art School

A Memoir of Starting Over *Catapult*

A finalist for the National Book Critics Circle Award, this memoir of one woman's later in life career change is "a smart, funny and compelling case for going after your heart's desires, no matter your age" (*Essence*). Following her retirement from Princeton University, celebrated historian Dr. Nell Irvin Painter surprised everyone in her life by returning to school—in her sixties—to earn a BFA and MFA in painting. In *Old in Art School*, she travels from her beloved Newark to the prestigious Rhode Island School of Design; finds meaning in the artists she loves, even as she comes to understand how they may be undervalued; and struggles with the unstable balance between the pursuit of art and the inevitable, sometimes painful demands of a life fully lived. How are women and artists seen and judged by their age, looks, and race? What does it mean when someone says, "You will never be an artist"? Who defines what an artist is and all that goes with such an identity, and how are these ideas tied to our shared conceptions of beauty, value, and difference? Bringing to bear

incisive insights from two careers, Painter weaves a frank, funny, and often surprising tale of her move from academia to art in this "glorious achievement--bighearted and critical, insightful and entertaining. This book is a cup of courage for everyone who wants to change their lives" (Tayari Jones, author of *An American Marriage*).

It's Only Too Late If You Don't Start Now

How to Create Your Second Life at Any Age *Dell*

A guide to overcoming and transcending the traditional midlife crisis discusses how to realize apparently long-lost dreams and offers a clear plan and useful exercises for renewing the meaning of life and finding continued growth. Reprint. Tour.

Late Migrations

A Natural History of Love and Loss *Milkweed Editions*

From the New York Times columnist, a portrait of a family and the cycles of joy and grief that mark the natural world: "Has the makings of an American classic." —Ann Patchett Growing up in Alabama, Margaret Renkl was a devoted reader, an explorer of riverbeds and red-dirt roads, and a fiercely loved daughter. Here, in brief essays, she traces a tender and honest portrait of her complicated parents—her exuberant, creative mother; her steady, supportive father—and of the bittersweet moments that accompany a child's transition to caregiver. And here, braided into the overall narrative, Renkl offers observations on the world surrounding her suburban Nashville home. Ringing with rapture and heartache, these essays convey the dignity of bluebirds and rat snakes, monarch butterflies and native bees. As these two threads haunt and harmonize with each other, Renkl suggests that there is astonishment to be found in common things: in what seems ordinary, in what we all share. For in both worlds—the natural one and our own—"the shadow side of love is always loss, and grief is only love's own twin." gorgeously illustrated by the author's brother, Billy Renkl, *Late Migrations* is an assured and memorable debut. "Magnificent . . . Readers will savor each page and the many gems of wisdom they contain." —Publishers Weekly (starred review)

"A "A Problem From Hell"

America and the Age of Genocide *Basic Books*

A character-driven study of some of the darkest moments in our national history, when America failed to prevent or stop 20th-century campaigns to exterminate Armenians, Jews, Cambodians, Iraqi Kurds, Bosnians, and Rwandans.

Never Too Late

Decades ago, a shotgun wedding locked Edith into a life with a husband she's not sure she ever loved. Now, at a 'certain age,' she feels like a ghost in her own life, wondering where all this came from: the scornful husband, the mercenary brood of grandchildren, the well-meaning but controlling daughter-in-law. Then one Christmas morning Edith wakes to find her husband dead, and the role she played for so long crumbling. Soon questions arise about her husband's death, and papers discovered in his pockets send Edith unraveling secrets of the man she thought she knew. Edith's son Brian is the focus of her life, but he may not be as perfect as she thought. Revelations that he might be cheating shock her. As Edith investigates the mysteries of her family, she may just find who she truly is.

Too Little, Too Late

The Quest to Resolve Sovereign Debt Crises *Columbia University Press*

The current approach to resolving sovereign debt crises does not work: sovereign debt restructurings come too late and address too little. Though unresolved debt crises impose enormous costs on societies, many recent restructurings have not been deep enough to provide the conditions for economic recovery (as illustrated by the Greek debt restructuring of 2012). And if the debtor decides not to accept the terms demanded by the creditors, finalizing a restructuring can be slowed by legal challenges (as illustrated by the recent case of Argentina, deemed as "the trial of the century"). A fresh start for distressed debtors is a basic principle of a well-functioning market economy, yet there is no international bankruptcy framework for sovereign debts. While this problem is not new, the United Nations and the global community are now willing to do something about it. Providing guidance for those who intend to take up reform, this book assesses the relative merits of various debt-restructuring proposals, especially in relation to the main deficiencies of the current nonsystem. With contributions by leading academics and practitioners, *Too Little, Too Late* reflects the overwhelming consensus among specialists on the need to find workable solutions.

October the First is Too Late

Never Too Late: Your Roadmap to Reinvention

(without getting lost along the way) *Marshbury Beach Books*

"It is the kind of book you will return to again and again, and Claire Cook is the kind of writer you will only want more from."—Stephanie Burns, Book Perfume Wondering how to get to that life you really thought you'd be living by now? Finally ready to dig up that buried dream? Still trying to figure out what you want to be when you grow up? Just looking for the perfect tweak to your existing life? Claire Cook speaks to real women—our fears and obstacles and hopes and desires—and gives us cutting edge tools to get where we want to go. Bursting with inspiration, insider stories, and practical strategies. Filled with humor, heart, encouragement, and great quotes. You'll hop on a plane with Claire as you figure out the road to your own reinvention. She'll share her own stories, successes, and failures, as well as those of other reinventors, plus tips for getting a plan, staying on track, pulling together a support system, building your platform in the age of social networking, dealing with the inevitable ups and downs, overcoming perfectionism, and tuning in to your authentic self to propel you toward your goals. A little bit memoir, a lot inspiration, *Never Too Late: Your Roadmap to Reinvention (without getting lost along the way)* is real, grounded, and just the book you need to start reinventing your life. "Never Too Late is the perfect book for readers who love Claire Cook's books and wonder how she got to be such a successful author. But the real purpose and accomplishment of the book is the inspiration it provides and the fascinating and amazingly helpful strategies and methods she presents for any women ('and a few good men') who really want to achieve what they've only dreamed of. The book is about change and opportunity—and how to grab them."—Pamela Kramer, National Book Reviewer, Examiner.com "Never Too Late resonated with me on a level that I didn't expect. Still at this moment, I am reviewing all the notes that I took while reading the book."—Victoria Colotta, ArtBooksCoffee "If you need a personal cheerleader to help you along your road to reinvention, then I highly recommend this book."—Laurie Nerat, Looking on the Sunnyside "It's a thought-provoking, inspiring book. If you've thought about changing your career and

following your passion, Cook's book just might provide the needed push."—Lesa's Book Critiques

Going There *Little, Brown*

Heartbreaking, hilarious, and brutally honest, *Going There* is the deeply personal life story of a girl next door turned household name. For more than forty years, Katie Couric has been an iconic presence in the media world. In her brutally honest, hilarious, heartbreaking memoir, she reveals what was going on behind the scenes of her sometimes tumultuous personal and professional life - a story she's never shared, until now. Of the medium she loves, the one that made her a household name, she says, "Television can put you in a box; the flat-screen can flatten. On TV, you are larger than life but smaller, too. It is not the whole story, and it is not the whole me. This book is." Beginning in early childhood, Couric was inspired by her journalist father to pursue the career he loved but couldn't afford to stay in. Balancing her vivacious, outgoing personality with her desire to be taken seriously, she overcame every obstacle in her way: insecurity, an eating disorder, being typecast, sexism . . . challenges, and how she dealt with them, setting the tone for the rest of her career. Couric talks candidly about adjusting to sudden fame after her astonishing rise to co-anchor of the TODAY show, and guides us through the most momentous events and news stories of the era, to which she had a front-row seat: Rodney King, Anita Hill, Columbine, the death of Princess Diana, 9/11, the Iraq War . . . In every instance, she relentlessly pursued the facts, ruffling more than a few feathers along the way. She also recalls in vivid and sometimes lurid detail the intense pressure on female anchors to snag the latest "get"—often sensational tabloid stories like Jon Benet Ramsey, Tonya Harding, and OJ Simpson. Couric's position as one of the leading lights of her profession was shadowed by the shock and trauma of losing her husband to stage 4 colon cancer when he was just 42, leaving her a widow and single mom to two daughters, 6 and 2. The death of her sister Emily, just three years later, brought yet more trauma—and an unwavering commitment to cancer awareness and research, one of her proudest accomplishments. Couric is unsparing in the details of her historic move to the anchor chair at the CBS Evening News—a world rife with sexism and misogyny. Her "welcome" was even more hostile at 60 Minutes, an unrepentant boys club that engaged in outright hazing of even the most established women. In the wake of the MeToo movement, Couric shares her clear-eyed reckoning with gender inequality and predatory behavior in the workplace, and downfall of Matt Lauer—a colleague she had trusted and respected for more than a decade. Couric also talks about the challenge of finding love again, with all the hilarity, false-starts, and drama that search entailed, before finding her midlife Mr. Right. Something she has never discussed publicly—why her second marriage almost didn't happen. If you thought you knew Katie Couric, think again. *Going There* is the fast-paced, emotional, riveting story of a thoroughly modern woman, whose journey took her from humble origins to superstardom. In these pages, you will find a friend, a confidante, a role model, a survivor whose lessons about life will enrich your own.

Healing Back Pain

The Mind-Body Connection *Grand Central Publishing*

Dr. John E. Sarno's groundbreaking research on TMS (Tension Myoneural Syndrome) reveals how stress and other psychological factors can cause back pain—and how you can be pain free without drugs, exercise, or surgery. Dr. Sarno's program has helped thousands of patients find relief from chronic back

conditions. In this New York Times bestseller, Dr. Sarno teaches you how to identify stress and other psychological factors that cause back pain and demonstrates how to heal yourself—without drugs, surgery or exercise. Find out: Why self-motivated and successful people are prone to Tension Myoneural Syndrome (TMS) How anxiety and repressed anger trigger muscle spasms How people condition themselves to accept back pain as inevitable With case histories and the results of in-depth mind-body research, Dr. Sarno reveals how you can recognize the emotional roots of your TMS and sever the connections between mental and physical pain...and start recovering from back pain today.

Reset: Building Purpose in the Age of Digital Distraction *Lioncrest Publishing*

People are drowning in too much information in this digital age. They often feel trapped and paralyzed, tolerating an economy that's optimized to keep them distracted while letting "the System" control their lives. But if you want to succeed today, you need to stop choking and take action. In *Reset*, William Treseder shares the life-altering lessons he learned during a remarkable career that took him from the battlefields of Iraq and Afghanistan to the boardrooms of Silicon Valley. His step-by-step guide to personal transformation offers a powerful, six-part process for improving your life through determined action. It helps you create habits that lead to breakthroughs and innovations, powering you past your choke-points to close the gap between knowing what needs to be done and doing it. By harnessing your own unique talents, you can accomplish more than you ever dreamed. You can move from passive consumption to active contribution. It's time to Reset, and to thrive!

Think Again

The Power of Knowing What You Don't Know *Penguin*

#1 New York Times Bestseller "THIS. This is the right book for right now. Yes, learning requires focus. But, unlearning and relearning requires much more—it requires choosing courage over comfort. In *Think Again*, Adam Grant weaves together research and storytelling to help us build the intellectual and emotional muscle we need to stay curious enough about the world to actually change it. I've never felt so hopeful about what I don't know." —Brené Brown, Ph.D., #1 New York Times bestselling author of *Dare to Lead* The bestselling author of *Give and Take* and *Originals* examines the critical art of rethinking: learning to question your opinions and open other people's minds, which can position you for excellence at work and wisdom in life Intelligence is usually seen as the ability to think and learn, but in a rapidly changing world, there's another set of cognitive skills that might matter more: the ability to rethink and unlearn. In our daily lives, too many of us favor the comfort of conviction over the discomfort of doubt. We listen to opinions that make us feel good, instead of ideas that make us think hard. We see disagreement as a threat to our egos, rather than an opportunity to learn. We surround ourselves with people who agree with our conclusions, when we should be gravitating toward those who challenge our thought process. The result is that our beliefs get brittle long before our bones. We think too much like preachers defending our sacred beliefs, prosecutors proving the other side wrong, and politicians campaigning for approval—and too little like scientists searching for truth. Intelligence is no cure, and it can even be a curse: being good at thinking can make us worse at rethinking. The brighter we are, the blinder to our own limitations we can become. Organizational psychologist Adam Grant is an expert on opening other people's minds—and our own.

As Wharton's top-rated professor and the bestselling author of *Originals* and *Give and Take*, he makes it one of his guiding principles to argue like he's right but listen like he's wrong. With bold ideas and rigorous evidence, he investigates how we can embrace the joy of being wrong, bring nuance to charged conversations, and build schools, workplaces, and communities of lifelong learners. You'll learn how an international debate champion wins arguments, a Black musician persuades white supremacists to abandon hate, a vaccine whisperer convinces concerned parents to immunize their children, and Adam has coaxed Yankees fans to root for the Red Sox. *Think Again* reveals that we don't have to believe everything we think or internalize everything we feel. It's an invitation to let go of views that are no longer serving us well and prize mental flexibility over foolish consistency. If knowledge is power, knowing what we don't know is wisdom.

To Sir Phillip, With Love *Harper Collins*

Sir Phillip knew that Eloise Bridgerton was a spinster, and so he'd proposed, figuring that she'd be homely and unassuming, and more than a little desperate for an offer of marriage. Except . . . she wasn't. The beautiful woman on his doorstep was anything but quiet, and when she stopped talking long enough to close her mouth, all he wanted to do was kiss her . . . and more. Did he think she was mad? Eloise Bridgerton couldn't marry a man she had never met! But then she started thinking . . . and wondering . . . and before she knew it, she was in a hired carriage in the middle of the night, on her way to meet the man she hoped might be her perfect match. Except . . . he wasn't. Her perfect husband wouldn't be so moody and ill-mannered, and while Phillip was certainly handsome, he was a large brute of a man, rough and rugged, and totally unlike the London gentlemen vying for her hand. But when he smiled . . . and when he kissed her . . . the rest of the world simply fell away, and she couldn't help but wonder . . . could this imperfect man be perfect for her?

Too Late *Createspace Independent Publishing Platform*

Sloan will go through hell and back for those she loves. And she does, every single day. After finding herself stuck in a

relationship with the dangerous and morally corrupt Asa Jackson, Sloan will do whatever it takes to get by until she's able to find a way out. Nothing will get in her way. Nothing except Carter. Sloan is the best thing to ever happen to Asa. And if you ask Asa, he'd say he's the best thing to ever happen to Sloan. Despite Sloan's disapproval of Asa's sinister lifestyle, he does exactly what he needs to do in order to stay a step ahead in his business. He also does exactly what he needs to do in order to stay a step ahead of Sloan. Nothing will get in his way. Nothing except Carter. Recommended for readers 18+ due to scenes of graphic violence, including rape, murder and other sensitive issues.

Pebbles of Perception

How a Few Good Choices Make All the Difference *CreateSpace*

Why are we here? *Pebbles of Perception* is an exploration of the more important decisions in life. Inspired by the teachings of Charlie Munger, the book is an invitation to Be Curious, Build Character and to make Better Choices.

It's Not Too Late

Your Future Can Be Greater Than Your Past *Harvest House Publishers*

Have you ever wished you could take back something you said? Undo a poor choice you made? Erase a painful memory? Unfortunately, you can't erase the mistakes in your past. But God can do something even better—He can use those fumbles to transform your life and lead you into the incredible destiny He has planned for you. Bestselling author Tony Evans provides encouraging proof straight from the Bible: Sarah was a doubter, Jacob was a deceiver, Moses was a murderer, Rahab was a harlot, Samson was a player, Jonah was a rebel, Esther was a diva, Peter was an apostate... and yet God turned each of their lives around in a big way. In fact, they're among the Bible's greatest heroes! What might God do with your life—imperfections and all? It's not too late to find out and get back on track to experiencing God's very best for you.