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Vitamin E: Uses, Benefits & Side Effects - Drugs.com

In addition to its activities as an antioxidant, vitamin E is involved in immune function and, as shown primarily by in vitro studies of cells, cell signaling, regulation of gene expression, and other metabolic processes [1].

Vitamin E - Health Professional Fact Sheet

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10 benefits of vitamin E oil - Medical News Today

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Vitamin E - Wikipedia

Known for its moisturizing properties, Vitamin E capsules can work as great overnight creams. You can mix a few drops of Vitamin E oil with a drop of your regular night cream and apply it all over your pre-washed face. It acts as a serum and provides enough moisture to your face during night.

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