
How To Make Your Own Subliminal

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Subliminal*

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TheDadLab: 40 Quick, Fun and Easy Activities to do at Home *Bonnier Publishing Ltd.*

With more than 3 million fans, TheDadLab has quickly become an online sensation by creating a

solution for parents when they hear the dreaded 'I'm bored' complaint, and now, for the first time, Sergei Urban has transferred his most popular experiments to print in this beautifully illustrated and mind-blowing book! Using everyday ingredients that you can find in your kitchen cupboard, Sergei shows experiments that are not only fun for children, but fun for adults too! With 40 wonderful activities, including 15-never-before-posted, TheDadLab includes additional information not found on his online posts: each activity will feature a detailed explanation simplifying the information that stems from the fields of Science, Technology, engineering, and

Mathematics (STEM) for a parent to help explain their curious child and answer the questions 'how' and 'why.'

Make Your Own Convenience Foods

How to Make Chemical-free Foods that are Fast, Simple, and Economical

Cost, chemicals, and convenience are the main concerns about food. Food costs are high because of expensive processing, packaging, advertising, spoilage, and pilferage. Harmful food additives are used for food processing. Some occur naturally; others get into food accidentally. Wise shopping and home made food reduces the amount of additives

consumed. Home made convenience foods save money and are easy to prepare. Little equipment is needed for home made convenience food; a blender should be the most basic tool. Suggestions and techniques are given for saving food and energy costs. Recipes are included for breads, breakfast foods, yogurt, cheese, lunches, salads, dinners, snacks, beverages, soups, and pet foods. A discussion of natural additives includes suggestions for safe additives, additives to avoid or cut down on, and places to shop for suggested ingredients.

How To Make Your Own Soap

... in traditional

bars, liquid or cream

Robinson

This book will guide you through creating your own liquid and bar soap. Design and create bars of soap using traditional methods that incorporate moisturising oils and butters, and make fun and funky glycerine soaps that look almost too fabulous to use. If you prefer liquid soaps then this book also explains how to create liquid and cream soaps from scratch as well as how to design body washes using many of the easily obtainable surfactants. In this book you will discover how to:

- Choose soap making ingredients that will be most beneficial for your skin type
- Design and create a range of soapy products

including hand and body washes · Scent your soaps using essential and fragrance oils · Make glycerine melt and pour soap from scratch · Understand different soap making methods and techniques

The Illustrated Hassle-Free Make Your Own Clothes Book *Skyhorse Publishing Inc.*

A straightforward guide to making one's own clothes explains how to use old clothing as patterns for new items, demonstrates how to alter clothing in accordance with new styles, and more, in a primer that shares step-by-step illustrations for a variety of projects. Original.

How to Make Your

Own Pasta

Simple Techniques for Making Pasta Using Basic Store Cupboard

Ingredients *Robinson*

In *How to Make Your Own Pasta* you will learn simple techniques to make stunning pasta from scratch using common store cupboard ingredients. Carmela Sophia Sereno shows you how to make even the most basic pasta dough into a variety of shapes and stunning designs using stripes, spots and delicate herbs. You will find information on making pasta by hand as well as with a pasta-making machine, how to make gluten-free pasta, how to cook and store your pasta and what store cupboard essentials you should stock up

on. Substitute ingredients are suggested throughout so that you rely on what you have in the house for those times when you just can't find what you're looking for in the supermarket. The recipes in this book will leave the whole family satisfied, and include: - Spaghetti carbonara - Tagliatelle with a meat ragué - Orzo minestrone soup - Gnocchetti sardi with sausages and tomato - Tortellini in stock - Egg-layered lasagne

Beginners and expert pasta enthusiasts alike will be amazed at the range of pasta explored in this book, with dishes selected to delight not only with their exquisite taste but also by their beautiful and varied appearance.

How to Make Your Own Cleaning Products

Mendon Cottage Books

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Bleach Washing Machine Cleaner Bathroom Cleaning Homemade Bathtub Scrub Homemade Shower Cleaner Toilet Cleaner Conclusion Author Bio Publisher Introduction In a day and age where everyone is trying to save money as well as the planet, green solutions is the new buzzword around town. This book aims at enriching your knowledge and putting the power back into your hands when it comes to cleaning your home and inevitably controlling what harmful contents you and your family get exposed to in the home environment. The really great thing about making your own cleaning products at home is the fact that most recipes are versatile and can be used for many different purposes, eliminating the problem of having too many different cleaning products, but you will find target specific ideas here to help you clean effectively and eco-friendly. The recipes have been placed in categories such as kitchen cleaning and bathroom cleaning so if you are looking for something specific, just have a look at what area you need to clean and then cross reference with the index. There are some great tips on general cleaning and upkeep in and around the house too. It's safe to say that when in doubt, always try using vinegar or baking soda or a mix of the two first to see if that helps. For everything else, use

this book as a reference on how to get the job done.

How To Make Your Own Sausages

Robinson

Beginning with the history, the significance and the flavours of the great British Banger this book goes on to explain how to make sausages at home, with step-by-step instructions and mouthwatering recipes from all over the UK. It is ideal for those beginners who just want to make a couple of pounds for the family freezer, but it also assumes that readers will want to progress and so the necessary equipment and materials are explained, from how to buy them, to how to maintain them.

How to Make Your Own Video Game

Mendon Cottage Books

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don't know if they
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have a computer. If
not, you can build one
easily. As for the
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download them online.
Some are free while
some come at a cost.
Making your first game
will not be an easy task
as there are a couple

of things you need to learn first. So you should not have high hopes for your first game. But with time and practice, you will definitely get better. In this book, I will show you the best softwares you can use to make your own games. I will also give you things you must think about before you start developing your game. In addition to that, you will also find guidance on testing your game, tips for becoming a great game developer, advice on creating game ideas, and more. If you thought that making games was something only for big companies, this book will show you that you too can do it. I hope you will find this book helpful.

How To Make Your

Own Solid Perfume

Gene Ashburner

In this book I will teach you how to make solid perfumes. Instructions and recipes included. Learn about the different essential oil combinations that make great perfumes!!

How to Make Your Own Bamboo Flutes

A Step by Step Guide *Webspirit*

Everything you need to know about making your own beautiful bamboo flutes. Models covered in the book are Side Blown Flute, Shakuhachi, Native American Flute and Bamboo Recorder. And now the Bamboo Sax. If you want to know how to Make Bamboo Flutes, then this is the Book. When I started to make bamboo flutes 30

years ago there was virtually no information on this amazing topic anywhere. By following the methods described in this E-Book you'll save a lot of time stuffing around, stabbing in the dark and wasted bamboo! You'll have an incredible head start that I did not have when I embarked on Bamboo Flute making.

How to Make Your Own Video or Short Film

All you need to know to make your ideas shine *How To Books*

New technologies now offer accessibility to the medium of video and film for virtually anyone who feels they have something to say. You might be: someone who wants to create a video to share

online; someone who wants to record and document everyday events that happen around you; a charity worker wanting to highlight the plight of the less fortunate, or a journalist keen to use film to explore social issues; an artist or a writer eager to experiment within an audio visual medium; anyone who wants to step into a world of discovery and challenge, and learn new skills along the way. This book offers an abundance of hints, tips and practical advice that will help emerging film-makers discover an exciting form of expression, either for personal satisfaction or to make their mark in a highly competitive industry. It includes: deciding what kind of film you want to

make; choosing a camera; choosing your subject matter; dealing with copyright; using music to enhance your film; working with professional actors; researching information and avoiding location problems; production meetings; budgets; schedules; conducting interviews for documentaries; digital editing; sound and lighting techniques; and, making your film stand out from the crowd.

How to Make Your Own Lathe, Drill Press and Table Saw
Lulu.com

How to Make Your Own Patent Drawings and Save Thousands

Everything You Need

to Know Explained Simply *Atlantic Publishing Company*

The full cost of filing and receiving a patent can be anywhere from \$2,000 to \$10,000 depending on what you need to complete the process. For those who have spent their entire lives developing an idea and a patentable process it can be incredibly frustrating to know you have to wait just that much longer to pay for the applications, legal forms, and most of all, the patent drawings necessary to move forward. But, if you have the right tools and the right knowledge of everything the government needs from you in a patent drawing, you can bypass much of what has plagued companies

and inventors everywhere for decades. This book has been designed to guide you in the process of developing and producing your own patent drawings in a manner that ensures you can skip over an entire overly expensive step in the process, designing your own drawings and moving that much closer to your patents. You will learn the basics of drawing and using various perspectives to capture real world objects. Learn perspective foreshortening and how to effectively use a pen, ruler, and other drawing instruments. Learn the basics of drawing with a computer and how to use a camera to supplement your drawings. Learn what

tools you need for your drawings and how to trace things to speed up the process. Learn how to draw from your imagination and how to draw to scale effectively. You will learn how to use graphical symbols and how to practice enough to get the process correct.

**Fermenting
Everything: How to
Make Your Own
Cultured Butter,
Fermented Fish,
Perfect Kimchi, and
Beyond** *The*

Countryman Press
Kombucha, kimchi, kefir, and more! Yes, you can ferment nearly anything—for healthy, exciting, and tasty dishes Fermentation is the secret behind some of today's trendiest dishes. The bonus? It can even help build a

healthier gut. With an ever-growing list of ways to ferment, author Andy Hamilton is here to help readers—both newcomers and lifelong fermenters—keep up with this age-old trick for fantastic flavor. Imparting valuable techniques and equipment expertise, *Fermenting Everything* provides an endless collection of innovative recipes: Creme Fraiche Sourdough Bread Coconut Chutney Rosehip and Horseradish Sauce *Fermenting Everything* is a necessary companion for those who want to get adventurous in the kitchen.

**Brewing Everything:
How to Make Your
Own Beer, Cider,**

**Mead, Sake,
Kombucha, and
Other Fermented
Beverages
(Countryman Know
How) *The Countryman
Press***

Easy and authentic ways to ferment delicious beverages at home *Brewing Everything* is a thorough, accessible, and humorous guide to brewing anything from beer to cider to sake. For every brewing project there is both an easy way and a hard way, a method useful to both the curious novice and the hardcore brewing veteran. Each chapter includes interviews with experts (brewmasters, cidermakers, new meadery startups, and small-batch kombucha sellers) as well as the author's own home-

tested recipes. Brewing Everything walks you through the process from start to finish, beginning with easier shortcuts until you get the hang of it, and then upgrading to the harder stuff after you've brewed a thing or two. With step-by-step instructions, color photographs, and methods for every level of experience, this is the ultimate guide to all things home brew.

Make Your Own Japanese Clothes

Patterns and Ideas for Modern Wear

Kodansha International
Contains detailed instructions on making Japanese garments, from kimono to two-toe socks, using either traditional Japanese sewing methods or

easier modern methods. The book includes patterns, fabric suggestions and sizing instructions.

Make Your Own Damn Movie!

Secrets of a Renegade Director

St. Martin's Press

Lloyd Kaufman, the writer/producer/director of such cult-classic films as *The Toxic Avenger*, *Class of Nuke 'Em High*, and *Tromeo and Juliet*, offers a guide to movie-making unlike any other available anywhere. In 25 years, Kaufman, along with partner Michael Herz, has built Troma Studios up from a company struggling to find its voice in a field crowded with competitors to its current--and legendary--status as a

lone survivor, a bastion of true cinematic independence, and the world's greatest collection of camp on film. As entertaining and funny as it is informative and insightful, *Make Your Own Damn Movie!* places Kaufman's radically low-budget, independent-studio style of filmmaking directly in the reader's hands. Thus we learn how to: develop and write a knock-out screenplay; raise funding; find locations and cast actors; hire a crew; obtain equipment, permits, and music rights (all for little or no money); make incredible special effects for \$0.79 each; charm, schmooze, and network while on the film-festival circuit; and, finally, make a bad actor act so bad

it's actually good. From scriptwriting and directing to financing and marketing, this book is brimming with utterly off-the-wall, decidedly maverick, yet consistently proven advice on how to fully develop one's idea for an independent film.

Make Your Own Twine Games! *No Starch Press*

Bring your game ideas to life with Twine! Twine is a free online tool that lets anyone new to programming create their own interactive, story-based adventure games in a web page. In *Make Your Own Twine Games!*, game designer Anna Anthropy takes you step-by-step through the game development process, from coming up with a basic idea to

structuring your game. You'll learn the basics of Twine like how to use links and apply images and formatting to make your game look more distinct. You'll get tips on how to test your game, export it, and publish it online, and even understand more advanced features like scripting to get your game to remember and respond to player choices. As you make your way through the book and begin crafting your own interactive fiction, you'll learn other cool tricks like how to:

- Write stories that follow multiple paths using hyperlinks
- Create variables to track your player's actions
- Add scripting like "if" and "else" to decide when ghosts should appear in your

game

- Use hooks to add fancy touches like text effects, pictures, and sound

With example games to act as inspiration, *Make Your Own Twine Games!* will take you from story-teller to game designer in just a few clicks! Ready player one? The game starts now. Covers Twine 2

Make Your Own Megillah

The Story of Purim *Kar-Ben Publishing*

The Purim story for young children with pages to colour and assemble into a scroll. Crafts, party games and songs. Ages 4-9.

Make Your Own Luck

A DIY Attitude to Graphic Design and Illustration *Prestel*

Pub

One of today's most refreshing young creatives gives the inside scoop on how to make it as a graphic artist. Irreverent and packed with helpful tips for designers of all stripes, *Make Your Own Luck* is certain to become an indispensable guide for anyone interested in graphic art as a vocation or hobby.

Make Your Own Pure Mineral Makeup

79 Easy Hypoallergenic Recipes for Radiant Beauty *Storey Publishing*

Making your own mineral makeup is easy and inexpensive, and these 79 recipes detail how to customize for skin type and color. Formulations

for eye shadow, foundation, concealer, blush, highlighter, and more will help you create mineral-based powders free of fragrances, parabens, and toxins. You'll also learn to make simple and safe lip balms and glosses. Many recipes include ingredients that help promote healthy skin, and the in-depth ingredient glossary and at-a-glance substitution chart identify properties such as oil-absorbing and healing, while also highlighting vegan options, so you can create cosmetics that meet your skin's needs and reflect your personal values.

Make Your Own Lunch

How to Live an Epically Epic Life

**through Work,
Travel, Wonder, and
(Maybe) College**

Sourcebooks, Inc.

Helping young people find their path to a successful future-with or without college College isn't right for everyone. And as tuition costs continue to rise, more and more young people-from straight-A students to the not-so-avid pupils-are choosing an alternative to the 4-year degree. Yet there is little support to help them find their track to a promising future beyond the classroom. *Make Your Own Lunch* empowers and guides young people as they search for their answer to the age-old question: "What do you want to be when you grow up?" Readers discover new ways to pursue their interests

and gain experience through travel, philanthropy, and more.

**Make Your Own
Silver Jewellery**

White Owl

Includes eight separate projects with clear, easy to follow instructions with attractive photographs accompanying each step. This book will show you how to create silver jewellery using everyday tools, easy to obtain materials and following simple step-by-step instructions. You will explore the amazing possibilities that the combination of silver metal clay and traditional silversmithing techniques has to offer, and will learn basic aspects of design in order to develop your

own unique style. You will be able to create silver pieces which capture and celebrate nature by the inclusion of botanical details, or create graceful pieces with echoes from history; you can create contemporary pieces or add a touch of whimsy to your designs. Whether you favour traditional or modern designs, when you make your own silver jewellery, the possibilities are endless. The book is full of easy to follow projects, with photographs, detailed instructions and inspiring examples. Working with silver has never been so easy!

Make Your Own Book

A Complete Guide
Running Press Kids

This kit provides everything a child needs to create his or her own book. Included are all the materials needed to create a hardcover book from scratch: book casing, blank pages (with materials to sew them together), endpapers, glue and brush, and a blank dust jacket.

Make Your Own Woodworking Tools

Fox Chapel Publishing Company Incorporated
Woodworkers, carvers and turners who are frustrated with keeping sharp edges on tools, and with handles that don't fit the hand precisely, can use this book as a guide for creating customized woodworking tools either with or without blacksmithing. The authors considerable

research into heat treatment of knives results in a chapter that will surprise the reader the author recommends heat treating with fruit! He helps carvers cut through the controversy on how to get a hard cutting edge while keeping the back of the knife soft for extra strength. An extensive section on salvage steel is for those ready to experiment. A chapter on carving handles offers advice for customizing handles that distribute pressure over larger areas of the heel of the hand to relieve stress from long hours of carving.

Home Made Simple

Fresh Ideas to Make Your Own *St. Martin's Griffin*

Home Made Simple is the essential home reference for simplifying, beautifying, organizing, and inspiring your life. In these pages you'll find tips, projects, and recipes that will help you create the home you'll love to live in. Streamline your routine. Dazzle your guests. Indulge your culinary spirit. Celebrate your outside spaces. And adorn your home in ways that are uniquely yours. Home Made Simple is about making life enjoyable while keeping it simple. Look inside and discover: * Organized Life * Easy-to-achieve home-management ideas, including how to make the most of your space * Celebrate Living * Great new ways to entertain in your home, including

heartwarming gift ideas * Clever Kitchen * Simple recipe favorites and helpful tips for kitchen storage and cleaning * Outside Pleasures * Unique outdoor projects for the family, plus advice for the garden, porch, and patio * Easy Décor * Stylish and realistic decorating ideas, plus dozens of DIY home improvements

Make Your Own Slippers & Shoes *The Rosen Publishing Group, Inc*

Students take a fun tour through various cultures by creating Dutch clogs, Roman sandals, and Indian Jutti slippers.

Bloom 2

BLOOM is a collection of beautiful paint sketches created by the artist RossDraws.

Make Your Own Skin Care Products

How to Create a Range of Nourishing and Hydrating Skin Care Products *Robinson*

If treated and nourished properly your skin will be healthy and glowing, making you feel good and look great. This book will guide you through creating your own personal range of skin care applications, tailored to your particular skin type - or any body else's. The products made use natural ingredients where possible, and throughout the book you will find details of the purpose and benefits of the ingredients used. You will also learn about ingredients that can be substituted so that you

can adapt the recipes to suit your or others' needs. In this book you will discover how to: - Choose essential oils that are useful for treating different skin conditions - Design and create a range of products including a cleanser, toner, face mask and moisturising cream - Identify the ingredients that are beneficial in hand-made skin care products - Make informed choices on which ingredients are most appropriate for different skin conditions - Make tinctures and infusions to use in your products - Store your products to ensure that they are fresh and safe to use

Contents: Introduction; 1. Sensible Healthy and Safety; 2. Tools of the Trade; 3. Why Is Your Skin So Important; 4.

Caring for Your Skin; 5. Cosmetic Ingredients; 6. Making Facial Products: Routines & Recipes; 7. Making Tinctures & Infusions; 8. Treatments for Troubled Skin; 9. Emulsions, Antioxidants & Preserves; 10. Commercial Skincare Products; Resources; Index.

Make Your Own Squishies

15 Slow-Rise and Smooshy Projects for You To Create *Simon and Schuster*

Instructions on How to Make All Different Kinds of Squishies—One of the Most Popular Anti-Stress Toys Around! They squish and squirm in your hand! They are the most fun things that kids are

playing with today! They're squishies, and you can find all the ways to make them here. With the instructions in this book, you can create amazingly fun and fantastic squishies that look like: Magical Unicorn Donuts Cute Cats Pandas Rainbow Ice Cream Pastel Rainbows Green Apples Cookies Pieces of Cake Kawaii Hearts And More! Whether it is with foam, duct tape, or other means, this book provides innovative and safe ways to create fun, kawaii creatures and objects.

Make Your Own Clothes

20 Custom Fit Patterns to Sew
Macmillan
 Presents designs,

patterns, sewing techniques, and step-by-step instructions for making clothes for girls and women, including a wrap skirt, sleeveless dress, tailored blouse, and shawl-collared jacket.

Make Your Own

Jams, Chutneys and Pickles *Michael O'Mara Books*

There is nothing more delicious than spreading your own home-made jam onto a hot slice of buttered toast, and nothing more satisfying than presenting someone with a jar of something you have made with your fair hand. Whether you want to do away with supermarket preservatives or try your hand at making thoughtful and elegant

gifts for friends and family, this is the book for you. **Make Your Own: Jams, Chutneys and Pickles** contains a wide range of easily navigable recipes, from rhubarb and apple jam to tomato and apple chutney, that will take you back to the good old days of traditional home-made fare.

Make Your Own Living Trust *Nolo*

A do-it-yourself manual for making your own living trust, with checklists, step-by-step procedures, worksheets, and forms.

Make Your Own Manga

Create Your Own Anime Comics with Action-Packed Story Fill-Ins and Blank Comic Panels *Simon and Schuster*

Draw, narrate, and create your own manga adventure with this interactive workbook featuring blank fill-in panels so you can set up your very own comic. What's behind those big, bright eyes? Why is the student attacking the master? What's inside that box? That's up for you to decide with **Make Your Own Manga!** Featuring six fully illustrated stories from two acclaimed artists along with blank template panels to create your own drawings and dialogue, **Make Your Own Manga** will inspire you to inject your own imagination into the storyline of each manga comic. Now you can create your own heroes and villains, heartbreaks and desires instead of just

reading about them on the page. All you need is a healthy imagination to complete the manga within these pages. The power to create is in your hands!

Make Your Own Butterfly Sticker Activity Book *Dover Publications*

There's a plain little butterfly inside that needs your help! Without his colorful wings, he can't fly from flower to flower. But you can dress him up with this set of 72 reusable stickers in bright shapes and designs that will make his wings look as beautiful as nature intended.

Make Your Own Map

Career Success Strategy for Women

Kogan Page Publishers
There's no such thing as a pre-set path to career success. Following the footsteps of others can only get you so far - and for women, there are often additional obstacles. But what if you could design your own path to your career goals? What if you could Make Your Own Map? Based on material from the popular Women Transforming Leadership course from Saïd Business School, University of Oxford, Make Your Own Map will help you develop a resilient and aspirational strategy for your career - whatever your starting point. Effective methods of strategic planning have been tried and tested in the corporate business world, and this book

shows you how to repurpose those methods for yourself, even if you're not in the corporate world. Packed with strategic tools and practical exercises, this book will help you: -Assess and define your career goals -Make a plan -Implement your plan to find the work that fits your needs, your skills, and your direction. With your best career as the goal, this book will help you forge your own path and Make Your Own Map.

**Making Chocolate
101 - Tips and Tricks
to Make Your Own
Homemade
Chocolate!** *Lulu Press,
Inc*

Fine chocolates are one of life's greatest pleasures. Kings and princes have for centuries coveted

chocolate. Did you know that chocolate used to be one of the expensive items in the world, almost as precious as gold? It's true! Chocolate makers who mastered their craft went on to become very wealthy and famous, establishing some of the world's most well known companies. People today still love chocolate. It is a part of many people's daily life and also can be a wonderful treat and reward. Life without chocolate would truly be a sad and empty life. Making Chocolate 101 will get you started on a great new pastime that will yield benefits and fun, not to mention delicious chocolates to eat! Just imagine when relatives and friends come over and you can offer them

your very own chocolate creations. Picture being able to make chocolate with your kids and the great times you can have. Think about how you can exercise your creativity and make the chocolates you want when you want them and the way you want them.

Make Your Own Maps *Sterling Publishing Company, Inc.*

This multimedia book and DVD kit covers the entire world! Featuring 160 ready-made maps of every country and major geographical area, it's a revolutionary new resource for the home (to remember a vacation, for example) and the classroom. The DVD contains the maps themselves, each in

the form of a PC and Mac-friendly Photoshop file. Inside the book, there are simple instructions for adapting those maps to your own requirements, and then printing them out, distributing them, or publishing them online. All the maps contain 15 different Photoshop layers, offering a wide choice of cartographic styles, and you can turn country borders, place names, and other elements on or off at will. Every map will print perfectly on a desktop printer, fits on letter-sized paper, and can easily accommodate added graphics, photos, or text.

Make Your Own Scratch Games! *No Starch Press*

Learn to make

interactive games with Scratch—the beginner-friendly, block-based programming language from the MIT Media Lab! Anna Anthropy, game designer extraordinaire, will show you how to do everything from building a game map to creating animations and debugging the end product. Take a peek inside the history of video game design, learn programming basics, and turn your ideas into creative games that you can play and share with your friends. Learn how to:

- Draw characters like a hungry, leaf-eating bug
- Animate characters—make them walk, jump, climb, and fall!
- Create objects for your player to collect and obstacles to avoid
- Design multiple levels to

create a cave exploring platform game

- Create sound effects and music for your games
- Share your games online and use player feedback to improve your games

Isn't it time to Make Your Own Scratch Games? The world is waiting! Covers Scratch 3.0

Food DIY

How to Make Your Own Everything - Sausages to Smoked Salmon, Sourdough to Sloe Gin, Bacon to Buns Fig Tree

Over recent years, across much of the world, people have started rejecting shop bought food and are getting into making it themselves. The DIY food movement is spreading. Why DIY? Because it's fun, an adventure, thrifty, a

great way to get your hands gloriously dirty, and because at a time when skills like baking, preserving and curing are in danger of being lost forever, it's more important than ever to learn how things work. Most importantly though, when you do it yourself you can make sure that all the food you eat is absolutely delicious. Food DIY is the essential modern urban cook's manual. enthusiastic DIYer Tim Hayward will show you: How to make your own butter and cheese, sloe gin, suet pudding and potted lobster. How to smoke, and cure fish and meats, air-dry bresaola and boerwoers, as well as pickle fish, game and vegetables. How to spit roast a whole lamb, make a clambake in a wheelbarrow, smoke a salmon in a gym locker and deep-fry a turkey outdoors. How to make your own takeaway: from delicious Peking duck and fried chicken to doner kebab and your morning cappuccino.