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The Wisdom of the Enneagram

The Complete Guide to Psychological and Spiritual Growth for the Nine Personality Types *Bantam*

A groundbreaking guide centering around the Enneagramthe most popular system for personality typingpresents a vast array of insight for determining personality types, from recognizing each type's WakeUp Call and Red Flag to letting go of selfdefeating habits and reactions. Original.

The Riso-Hudson Enneagram Type Indicator (Rhети, Version 2.5) *Enneagram Inst*

This is the Riso-Hudson Enneagram Type Indicator (RHETI) Version 2.5 in booklet form. The RHETI produces a full personality profile across all nine types. This provides you with a unique portrait, indicating the relative strengths and weaknesses of the nine types within your overall personality.

Personality Types

Using the Enneagram for Self-Discovery *Houghton Mifflin Harcourt*

The definitive guide to using this ancient psychological system to gain self-knowledge and achieve personal growth—now expanded and revised. The Enneagram is an extraordinary framework for understanding more about ourselves. No matter from which point of view we approach it, we discover fresh conjunctions of new and old ideas. So writes Don Riso in this expanded edition of his classic interpretation of the Enneagram, the ancient psychological system used to understand the human personality. In addition to updating the descriptions of the nine personality types, Personality Types, Revised greatly expands the accompanying guidelines and, for the first time, uncovers the Core Dynamics, or Levels of Development, within each type. This skeletal system provides far more information about the inner tension and movements of the nine personalities than has previously been published. This increased specificity will allow therapists, social workers, personnel managers, students of the Enneagram, and general readers alike to use it with much greater precision as they unlock the secrets of self-understanding, and thus self-transformation. “No Enneagram teachers I've come across offer such a rich and dynamic picture of how each personality type expresses itself in the world, and the process by which we can move through progressive stages of psychological and spiritual growth.”—Tony Schwartz, author of What Really Matters: Searching for Wisdom in America

Understanding the Enneagram

The Practical Guide to Personality Types *Houghton Mifflin Harcourt*

Offers profiles of nine personality types, tells how to avoid misidentifications, and offers advice on becoming aware of one's own personality type.

Enneagram Transformations

Releases and Affirmations for Healing Your Personality Type *HHH*

“Combines enneagram personality types with recovery movement techniques of releasing undesirable traits and affirming desirable ones.” —Library Journal To heal, one must truly know, and face, one’s self. But finding that inner, honest analysis of our own personalities is difficult to say the least. Without the right tools, it can be impossible. Since its development, the enneagram—a model of nine interconnected personality types that allows users to identify their habits and flaws—has helped countless individuals understand their hearts, bodies, and minds. Now, it can also help you change your life. In Enneagram Transformations, Don Richard Riso, one of the foremost developers of the enneagram, presents a groundbreaking contribution to the self-help field. Using releases and affirmations based on the various personalities, he shows readers how to unlock their psychological pains and strengths to promote healing, recovery, and tranquility. It’s time to reclaim your power. Enneagram Transformations contains the meditative tools you need to do so.

Discovering Your Personality Type

The Essential Introduction to the Enneagram *Houghton Mifflin Harcourt*

The bestselling beginner’s guide to identifying and understanding the nine personality profiles and applying them to your daily life. The leading experts in the field, Don Richard Riso and Russ Hudson have set the standard for determining personality type using the enneagram. Their studies of this ancient symbol and their progress in determining type with increasing accuracy are known, taught, and emulated worldwide. Discovering Your Personality Type is the essential introduction to this system, a psychological framework that can be used practically, in many aspects of daily life. This revised and updated edition features the all-new, scientifically validated Riso-Hudson Type Indicator, and has also been refined and simplified to appeal especially to beginners and anyone interested in unlocking the secrets of personality. The most reliable, most accurate, and most accessible way to identify type, the improved enneagram questionnaire helps identify fundamental character traits, revealing invaluable directions for change and growth. The profile that emerges is useful for a wide variety of purposes: professional development, education, relationships, vocational counseling, and more. Discovering Your Personality Type is the book readers need in order to begin to see the possibilities made available by understanding personality types. More Than 1 Million Riso-Hudson Enneagram Books Sold

The Enneagram & You

Understand Your Personality Type and How It Can Transform Your Relationships *Adams Media*

Unlock the power of personality types using the wisdom of the enneagram so you can strengthen your personal, professional, and romantic relationships today! The enneagram is an effective personality classification system that describes the characteristics, behaviors, and core values of nine different personality types—enneatypes—each identified by a number. The Enneagram & You helps you identify your personality type so you can discover how to best interact with your family, friends, coworkers, and love interests. You’ll also learn about each type pairing—from Type 1 with Type 1 to a Type 9 with Type 9 and every combination in between—as well as the harmonies and challenges each pairing faces and advice on how to effectively communicate and better understand what each personality type needs to feel fully engaged, known, and valued. Armed with this knowledge, you’ll begin to anticipate your reactions and responses to the various people in your life. And you’ll also be able to better comprehend their reactions and responses to you. By understanding your own strengths and recognizing areas for growth, you can improve your relationships in ways that might have previously seemed impossible. Applying the wisdom of the enneagram-based personality types can lead to better connections and a deeper understanding of yourself and those around you!

The Journey Toward Wholeness

Enneagram Wisdom for Stress, Balance, and Transformation *InterVarsity Press*

In a world of constant change and complexity, how can we achieve lasting transformation in our lives? Using the wisdom of the Enneagram, expert teacher Suzanne Stabile opens the concept of three Centers of Intelligence: thinking, feeling, and doing. When we learn to manage these centers in relation to our Enneagram number, we open a path to reducing fear, improving relationships, and finding wholeness.

The Enneagram of Discernment (Type Two Edition)

The Way of Vision, Wisdom, and Practice *Falls City Press*

This is the Type Two Edition of the book, including specific content for enneagram Type Twos. You can also purchase the Comprehensive Edition that includes all Types. How does your personality type help and hinder your ability to make wise decisions? We are too often rich in information and poor in wisdom. And when we encounter life's decisions, big and small, we engage the information available through the lens of our personality. The Enneagram of Discernment: The Way of Vocation, Wisdom, and Practice breaks new ground in the enneagram field, introducing Dr. Drew Moser's innovative approach to exploring the enneagram to discover calling, cultivate wisdom, and develop habits that help you make wise decisions, whether they be important or mundane. This is not your ordinary enneagram book. Weaving theology, spirituality, neuroscience, and psychology, Dr. Moser introduces you to The Way of Discernment: a journey of nine key questions each of us must consider when faced with a decision. Each of these nine questions are grouped into three triads: The Vocation Triad, The Wisdom Triad, and The Practice Triad. This is an enneagram resource for anyone looking for help in making better decisions. Whether you're new to the enneagram, or have been working with the enneagram for many years, The Enneagram of Discernment is an essential resource.

The Everything Enneagram Book

Identify Your Type, Gain Insight into Your Personality and Find Success in Life, Love, and Business *Simon and Schuster*

A Simon & Schuster eBook. Simon & Schuster has a great book for every reader.

The Essential Enneagram

The Definitive Personality Test and Self-Discovery Guide -- Revised & Updated *Harper Collins*

The First and Only Scientifically Determined Enneagram Personality Test and Guide A centuries-old

psychological system with roots in sacred tradition, the Enneagram can be an invaluable guide in your journey toward self-understanding and self-development. In this book, Stanford University Medical School clinical professor of psychiatry David Daniels and counseling psychologist Virginia Price offer the only scientifically developed Enneagram test based upon extensive research combined with a self-discovery and personal-development guide. The most fundamental guide to the Enneagram ever offered, this book features effective self-tests to determine simply and accurately what your personality type is. Daniels and Price provide step-by-step instructions for taking inventory of how you think, what you feel, and what you experience. They then guide you in your discovery of what your type means for your personal well-being and your relationships with others, and they show you how to maximize your inherent strengths. Brimming with empowering information for each of the nine personality types—Perfectionist, Giver, Performer, Romantic, Observer, Loyal Skeptic, Epicure, Protector, and Mediator—this one-of-a-kind book equips you with all the tools you need to dramatically enhance your quality of life.

The Enneagram *Harper Collins*

It would be impossible for most of us to spend a day without coming into direct or indirect contact with dozens of people family, friends, people in the street, at the office, on television, in our fantasies and fears. Our relationships with others are the most changeable, infuriating, pleasurable and mystifying elements in our lives. Personality types, based on the ancient system of the Enneagram, will help you to enjoy more satisfying and fulfilling relationships in all areas of your life by introducing you to the nine basic personality types inherent in human nature. This knowledge will help you better understand how others think and why they behave as they do, as well as increasing your awareness of your own individual personality. Written by the leading world authority on the Enneagram, it offers a framework for understanding ourselves and those around us, as well as a wealth of practical insights for anyone interested in psychology, counselling, teaching, social work, journalism and personal management.

The Sacred Enneagram

Finding Your Unique Path to Spiritual Growth *Zondervan*

A must-read for anyone looking to move beyond type as caricature and learn how to work with the Enneagram toward spiritual growth. Over 100,000 copies sold! eBook EXCLUSIVE: 45+ COLOR illustrations to provide greater depth of understanding. Most of us spend a lifetime trying to figure out who we are and how we relate to others and God. The Enneagram is here to help. Far more than a personality test, author Chris Heuertz writes, the Enneagram is a sacred map to the soul. Lies about who we think we are keep us trapped in loops of self-defeat. But the Enneagram reveals both the nine ways we get lost, as well as the nine ways we find our way home to our True Self and to God. Chris Heuertz has taught the Enneagram all over the world, and has trained under some of the great living Enneagram masters including Father Richard Rohr, Russ Hudson, Marion Gilbert, and Helen Palmer. Whether you are an enthusiast or simply Enneagram-curious, this groundbreaking guide to the spiritual depth of the Enneagram will help you: Understand the "why" behind your type, beyond caricatures and stereotypes Identify and find freedom from self-destructive patterns Learn how to work with your type toward spiritual growth Awaken your unique gifts to serve today's broken world Richly insightful and deeply practical, The Sacred Enneagram is your invitation to begin the journey of a life transformed. Also available: The Sacred Enneagram Workbook.

The Spiritual Dimension of the Enneagram

Nine Faces of the Soul *Penguin*

A groundbreaking exploration of the spiritual dimension of working with the enneagram by one of its earliest students and teachers in America. Here is one of the first books to explore in an authentic and comprehensive way the original spiritual dimension of the enneagram. Among the most knowledgeable teachers of the enneagram in America, Sandra Maitri shows how the enneagram not only reveals our personalities, but illuminates a basic essence within each of us. She shows how traversing the inner territory particular to our ennea-type can bring us profound fulfillment and meaning, as well as authentic spiritual development.

The Complete Enneagram

27 Paths to Greater Self-Knowledge *She Writes Press*

The Enneagram—a universal symbol of human purpose and possibility—is an excellent tool for doing the hardest part of consciousness work: realizing, owning, and accepting your strengths and weaknesses. In this comprehensive handbook, Beatrice Chestnut, PhD, traces the development of the personality as it relates to the nine types of the Enneagram, the three different subtype forms each type can take, and the path each of us can take toward liberation. With her guidance, readers will learn to observe themselves, face their fears and disowned Shadow aspects, and work to manifest their highest potential.

A Book Called YOU

Understanding the Enneagram from a Grace-Filled, Biblical Perspective *Thomas Nelson*

A biblically grounded Enneagram book that looks at the Enneagram numbers of people in the Bible so readers can discover more about themselves and gain specific wisdom about how and why they are uniquely made. Who am I? Everyone asks that question, no matter their age or status in life. If we truly are supposed to be real with others, shouldn't that start with learning how to be real with ourselves? We think so. But we have to be willing to look inside and ask, "Okay, God, who am I? What is it that I don't see about myself that you see?" A Book Called YOU will help us learn about who we are as individuals and how a biblical view of self-discovery can improve every part of our lives. Based on his widely successful teaching series "A Series Called You" and his personal experience using the Enneagram personality assessment tool in his marriage and other personal relationships, pastor Matt Brown offers a groundbreaking, entertaining, and heartfelt guide that highlights biblical truths alongside the Enneagram to help us better understand ourselves and how we relate to the people around us.

Enneagram Types

Wisdom of the Enneagram, Self-awareness and Discover What Each Type Brings to the Relationship *Independently Published*

"Self-awareness With Enneagram and Discover What Each Type Brings to the Relationship" This Enneagram Type book covers the basics that you will need to understand how the Enneagram works in your life and relationships. This book will help you understand the basic facets of self-discovery, growth, and changes, therefore allow you to know yourself much better as a result. Understanding

who you are, what makes you the person you are, and recognizing the personality traits you display yourself can allow you to understand your reactions to situations much better, allow you to make stronger decisions, and also help you understand other people much better as a result. The Enneagram refers to the nine different personality types and styles, but it is much more than a personality profile or diagram that has nine points on an intersection of a triangle and a hexagon. It is a psycho-dynamic framework that provides a powerful model for understanding how development and integration operate. Enneagram is a powerful guide towards finding your self-awareness, as well as finding the strengths of others around you so you can use that to build your relationships with one another. The Enneagram is not the easiest subject in the world to grasp at first. The key is to find out your core personality type because from that point you can begin to explore your actual internal personality, based on the Enneagram Types. Determining your personality type through the Enneagram does not put you in a box, but help you see the box from which we experience the world. With this awareness, you can step outside of your limited perspective. Ideally, personality is an effective way to express yourself, but challenges arise when your point of view becomes rigid and you get stuck in automatic habits. By discovering these unconscious patterns, you can lead more fulfilling lives, enjoy healthier relationships, and connect to your true essence. By reading this book, you will be able to recognize underlying patterns of The Enneagram that influence the way you and the people in your life have been feeling and behaving. This will increase your compassion for yourself and others. What you'll find in this book You will learn the history of the enneagram, the basics of each type, the movements, and subtypes. You will be able to recognize underlying patterns that influence the way you and the people in your life You will have the tools to discover your own enneatype and others in your life. You will understand the basics of The Enneagram

The Enneagram Made Easy

Discover the 9 Types of People *Harper Collins*

The first easy—and fun—guide to the Enneagram, the fascinating and revealing method of understanding personality types, for the beginner, the expert, and everyone in between. This witty and informative guide demystifies the ancient Enneagram system with cartoons, exercises, and personality tests that reveal our motivations and desires and show how to put that knowledge to use in our everyday lives. The 9 Types of People: The Perfectionist: Motivated by the need to live life the right way, improve oneself and others, and avoid anger. The Helper: Motivated by the need to be loved and appreciated and to express your positive feelings towards others. The Achiever: Motivated by the need to be productive, to achieve success, and to avoid failure. The Romantic: Motivated by the need to understand your feelings and to be understood to search for the meaning of life, and to avoid being ordinary. The Observer: Motivated by the need to know everything and understand the universe, to be self-sufficient and left alone, and to avoid not having the answer or looking foolish. The Questioner: Motivated by the need for security, to feel taken care of, or to confront your fears. The Adventurer: Motivated by the need to be happy and plan fun things, to contribute to the world, and to avoid suffering and pain. The Asserter: Motivated by the need to be self-reliant and strong, to make an impact on the world, and to avoid being weak. The Peacemaker: Motivated by the need to keep the peace, merge with others, and avoid conflict.

Bringing Out the Best in Yourself at Work

How to Use the Enneagram System for Success *McGraw Hill Professional*

A proven system for improving your own work and for working better in a team Used by such organizations as the Walt Disney Company, Silicon Graphics, the Federal Reserve Bank, and the CIA, the Enneagram is a proven psychological system based on nine number types that helps people achieve self-awareness and develop strategic approaches to interpersonal interactions. In Bringing Out the Best in Yourself at Work, Enneagram teacher and business consultant Ginger Lapid-Bodga shows professionals how to apply this popular tool to their work as a way to improve their productivity and help them build positive relationships among coworkers. This practical guide explains how to use the Enneagram to: Communicate more effectively Provide constructive feedback Prevent and resolve conflict Bring out their strongest leadership skills Discover methods for professional development Work better in teams

The Enneagram for Recovery

Expanded Spiritual Growth

Use your Enneagram personality type combined with Twelve Step principles for expanded spiritual growth. If addition to your ego has you stuck in old thinking and behavioral ruts, The Enneagram for Recovery maps out personalized shortcuts toward your best life and relationships-using straightforward, even humorous examples taken from the rooms of recovery.

The Enneagram at Work

Unlocking the Power of Type to Lead and Succeed *St. Martin's Essentials*

Use the power of the Enneagram to become a more effective, capable leader The Enneagram at Work is the first book to harness the insight of the Enneagram to transform leadership in today's workplace. A veteran of the high-profile hospitality industry with two decades of experience working with the Enneagram, author Jim McPartlin has seen firsthand the way self-awareness can radically transform leadership, strengthen teams, and spark creative solutions. From giving and accepting criticism to fostering strong mentorships and managing conflict, The Enneagram at Work will give you invaluable tools for growing and thriving in your career. For the longtime Enneagram fan or those who are just learning to identify their type, The Enneagram at Work helps readers explore the full breadth of their type, becoming aware of their blindspots in the workplace and leaning into their strengths more fully. Each chapter includes actionable exercises and practices so that readers can move from learning to doing and apply their insights in the real world.

The Enneagram of Passions and Virtues

Finding the Way Home *Penguin*

How the mysterious nine-pointed symbol of the enneagram illuminates the worst pitfalls and highest virtues of our psyches. The Enneagram of Passions and Virtues elucidates human experience beyond the personality structure. In the tradition of the enneagram, the Virtues are said to be the affective atmosphere that replaces the compulsive and reactive emotional patterns-called the Passions-as one becomes freer of the ego. Sandra Maitri shows how the shift in our consciousness, or soul, from being informed by the Passions to being informed by the Virtues, is one of the hallmarks of inner development. In this book, Maitri explores how our awareness of the Passions, in turn, leads to the manifestation of the Virtues. This shift supports growth on the level of personality as well as on the level of what is beyond-Being, or True Nature. Maitri is widely known as one of the most literate and

indepth writers and teachers on the uses of the enneagram as a tool of inner development. In this book she provides what can be for some an entry into inner work, and for others, who have been engaged in the journey for a longer time, a uniquely incisive explication of concepts they may have missed.

The Conscious Enneagram

How to Move from Typology to Transformation *Broadleaf Books*

The Enneagram is a powerful tool, with ancient roots and modern appeal, for detailing the human personality. It illuminates the painful truth of where we are and inspires us with the promise of where we could be. As the Enneagram has grown in popularity over the past 30 years, the insights offered have focused either on the present or the future, with little guidance on how to move from Point A to Point B. In the The Conscious Enneagram Abi Robins offers a rich, insightful guide for those seeking to move from patterns to promise. Through practical, easy-to-understand coaching, storytelling, and personal inquiry, Robins explores three main ways for getting from where we are to where we could be: Practice, Lineage, and Community. These make up the three-legged stool of the inner and outer work required to radically change the way we think, feel, and move through the world. This book will show you how to cultivate each of these legs in your life in meaningful, enriching ways that are tailored to your type.

What Really Matters

Searching for Wisdom in America *Bantam*

Based on a successful journalist's five-year quest for wisdom and happiness, a soul-seeker's chronicle relates his encounters with true teachers and false gurus at a variety of retreats throughout the country. Reprint.

The Enneagram

A Journey of Self Discovery

The Enneagram is a most helpful instrument in assisting persons to see themselves in the mirror of their minds, especially to see the images of personality distorted by complusions and other basic attitudes about self.

The Marriage of Sense and Soul

Integrating Science and Religion *Random House*

There is arguably no more critical and pressing topic than the relation of science and religion in the modern world. Science has given us the methods for discovering truth, while religion remains the single greatest force for generating meaning. Yet the two are seen as mutually exclusive, with wrenching consequences for humanity. In The Marriage of Sense and Soul, one of today's most important philosophers brilliantly articulates how we might begin to think about science and religion in ways that allow for their reconciliation and union, on terms that will be acceptable to both camps. Ken Wilber is widely acclaimed as the foremost thinker in integrating Western psychology and the Eastern spiritual traditions. His many books have reached across disciplines and synthesized the teachings of religion, psychology, physics, mysticism, sociology, and anthropology, earning him a devoted international following. The Marriage of Sense and Soul is his most accessible work yet, aimed at guiding a general audience to the mutual accord between the spiritual, subjective world of ancient wisdom and the objective, empirical world of modern knowledge. Wilber clearly and succinctly explores the schism between science and religion, and the impact of this "philosophical Cold War" on the fate of humanity. He systematically reviews previous attempts at integration, explaining why romantic, idealistic, and postmodern theories failed. And he demonstrates how science is compatible with certain deep features common to all of the world's major religious traditions. In pointing the way to a union between truth and meaning, Ken Wilber has created an elegant and accessible book that is breathtaking in its scope.

Enneagram Spirituality

From Compulsion to Contemplation

Considers the ancient system of conceptualizing the human person.

The Enneagram

Discovering Your Personality Type

This work, based on the ancient system of the Enneagram, will help you to enjoy more satisfying and fulfilling relationships in all areas of your life by introducing you to the nine basic personality types inherent in human nature. This knowledge should help you better understand how others think, and why they behave as they do, as well as increasing your awareness of your own individual personality.

The Adventure of Self-Discovery

Dimensions of Consciousness and New Perspectives in Psychotherapy and Inner Exploration *SUNY Press*

Here Grof presents a useful model of the psyche—a model extended by his thirty years of studying non-ordinary states of consciousness. It is useful for understanding such phenomena as shamanism, mysticism, psychedelic states, spontaneous visionary experiences, and psychotic episodes. The model is also useful in explaining the dynamics of experiential psychotherapies and a variety of sociopolitical manifestations such as war and revolution. This book might have been entitled Beyond Drugs. The second part describes the principles and process of the non-pharmacological technique developed by the author and his wife, Christina, for self-exploration and for psychotherapy. Grof explores in detail the components of this technique. He describes its method, its effective mechanisms, as well as its goals and potential. Its practice is simple, since it utilizes the natural healing capacity of the psyche.

The Modern Enneagram

Discover Who You Are and Who You Can Be

The Enneagram Goes to Church

Wisdom for Leadership, Worship, and Congregational Life *InterVarsity Press*

Can the Enneagram make you a better ministry leader? Veteran pastor Todd Wilson learned that you need to understand how people work in order to effectively shepherd them. Whether you are on a church staff or leading a small group, you will find that the same Enneagram insights that help us grow in self-awareness can also be applied to life in our faith communities.

The Path Between Us

An Enneagram Journey to Healthy Relationships *InterVarsity Press*

How do we understand the motivations and dynamics of the different personality types we see in our intimate partners, our friends, or in our professional lives? This book from Suzanne Stabile on the nine Enneagram types and how they experience relationships will guide readers into deeper insights about themselves, their types, and others’ personalities so that they can have loving, mature, and compassionate relationships.

The Instinctual Drives and the Enneagram *John Luckovich*

The Enneagram is a profound tool for self-observation and inner work. While there are plenty of resources on the topic, most Enneagram literature is largely limited to entry-level descriptions of the Nine Types. The Instinctual Drives and the Enneagram focuses on a crucial but misunderstood facet of the Enneagram Typology--our "animal" Instinctual Drives and how they are related to our spiritual nature. While nearly every school of thought on the Enneagram acknowledges the importance and role of the Instinctual Drives, there's a deep lack of understanding what they actually are, the role they play in personality, and most importantly, their implications for inner work. This book achieves, for the first time, a coherent theory of the instinctual drives based in biology, evolution, and developmental psychology, and it paves the way toward a more accurate view of inner work that directly addresses our animal nature. In so doing, it turns our current understanding of the Enneagram on its head by showing that the personality does not exist in parallel with our instinctual drives, but in reaction to them. In other words, instinct comes first - and one's Enneagram type is nothing more or less than a strategy to fulfill instinctual needs. This clarified orientation has important implications for our spiritual development, self-remembrance, and the transformation of our personhood into a conduit of Essence.

The Enneagram Workbook

How to Understand Yourself and Others *Sterling Publishing (NY)*

A comprehensive guide to the wisdom of the Enneagram... The Enneagram, a nine-pointed star in a circle, is an ancient cosmic symbol whose origin has been shrouded in mystery. Almost 100 ago, internationally acclaimed wisdom teacher George Gurdjieff introduced it to the West, and in recent years it has soared in popularity as a way of gaining self-understanding. This book not only provides exciting new ways to look at the nine types of Enneagrams, but also shows how to use the Enneagram to find out what to expect in any life situation.

The Enneagram

A Christian Perspective *Crossroad*

In this new, general introduction to the Enneagram, Rohr and Ebert show that the Enneagram was developed in Egypt by the Desert Fathers and rediscovered by a Franciscan missionary to the Moslems at the turn of the 14th century.

Deep Living with the Enneagram

Recovering Your True Nature

Deep Living is not just about the Enneagram. It's also about living deeply by using the Enneagram as a vehicle for presence. You're practically getting 3 books in 1 and, it's one of those books that will undoubtedly end up with many dog-eared pages and which you will refer to again and again! It goes beyond personality type! You'll find: A radically compassionate and spacious approach to recognizing the roots of inner struggle; How your Enneagram type's personality patterns present specific obstacles to real presence; Your unique pathways for liberating yourself from inner confines--one size does not fit all; Ways to cultivate a strong core foundation and your innate capacity for wholeness; The connection of your personal well-being to global well-being; and, Full acceptance of both your human nature and the eternal, divine spark within. Deep Living reveals how we unknowingly avoid vulnerable aspects of ourselves, relying instead on familiar personality patterns that distance us from our deepest nature. As a result, rather than experiencing ourselves as whole and integral to the fabric of life we feel separate, even from ourselves. Drawing on the sacred psychology of the Enneagram and the power of presence, this book guides us in recovering more of who we really are. With compassion, wisdom, and practical insight, the author helps us cultivate our innate capacities for wholeness, leading to an intimate, transformed relationship with ourselves. This is clearly a must-have book for healing the roots of struggle. What others have to say: One of the greatest discoveries of the past two centuries is that the human personality is not fixed, but is flexible, changeable, and malleable. Dr. Roxanne Howe-Murphy is a wise, empathic coach who knows how these changes can be encouraged and facilitated. If you feel stuck in your journey and are ready for growth, change, and greater fulfillment and happiness, let this master coach be your guide. --Larry Dossey, MD, Author ONE MIND: How Our Individual Mind Is Part of a Greater Consciousness and Why It Matters It is a rare book that can bring a reader home to Soul. Roxanne Howe-Murphy's sensitive excavation of the Enneagram awakens the reader to their true human potential. It offers heartfelt, timely guidance of someone who lived every step what she wrote, and who leads her readers back to what we all knew was our task from the very beginning -- the embodied, presence and original song of soul. Deep Living is food for the heart, balm for the soul, and light for the spirit. --Christina Donnell, Ph.D., Author Transcendent Dreaming: Stepping Into Our Human Potential

The Enneagram of Discernment (Type One Edition)

The Way of Vocation, Wisdom, and Practice

*This is the Type One Edition of the book, including specific content for enneagram Type Ones*How does your personality type help and hinder your ability to make wise decisions? We are too often rich in information and poor in wisdom. And when we encounter life's decisions, big and small, we engage the information available through the lens of our personality. The Enneagram of Discernment: The Way of Vocation, Wisdom, and Practice breaks new ground in the enneagram field, introducing Dr. Drew Moser's innovative approach to exploring the enneagram to discover calling, cultivate wisdom, and develop habits that help you make wise decisions, whether they be important or mundane. This is not your ordinary enneagram book. Weaving theology, spirituality, neuroscience, and psychology, Dr. Moser introduces you to The Way of Discernment: a journey of

nine key questions each of us must consider when faced with a decision. Each of these nine questions are grouped into three triads: The Vocation Triad, The Wisdom Triad, and The Practice Triad. This is an enneagram resource for anyone looking for help in making better decisions. Whether you're new to the enneagram, or have been working with the enneagram for many years, The Enneagram of Discernment is an essential resource.

The Enneagram of Liberation

From Fixation to Freedom

The Story of You Workbook

An Enneagram Guide to Becoming Your True Self *HarperCollins*

Tap into the power of the Enneagram with this essential companion workbook filled with exercises, reflection prompts, and guided questions that can help you unleash your true inner power and

transform your life. Ian Morgan Cron, the bestselling author of The Road Back to You and The Story of You and master of the Enneagram, provides the tools you need to recognize and break free from the damaging, outdated stories you've been living and discover a more hopeful story that is better aligned with who you really are. In six steps Cron teaches you how to SOAR: See your origin story Own your shadow side Awaken to your present moment Rewrite your new story Combining thought-provoking cues, dynamic questions, and motivating exercises with pages to record your reflections, The Story of You Workbook is the key to spiritual growth that will help you realize your true self.

The Road Back to You

An Enneagram Journey to Self-Discovery *InterVarsity Press*

Ignorance is bliss—except in self-awareness. Ian Morgan Cron and Suzanne Stabile share their Enneagram wisdom and help you grow in knowledge of yourself, compassion for others, and love for God. Witty and filled with stories, this unique approach gives you a peek inside each of the nine Enneagram types, taking you further into who you really are and leading you into spiritual discovery.