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The Psychology Of Shame Theory

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The Psychology of Shame: Theory and Treatment of Shame ...

The Psychology of Shame: Theory and Treatment of Shame-Based Syndromes, Second Edition. Gershen Kaufman, PhD. Springer Publishing Company, Jan 1, 2004- Psychology- 364 pages. 2Reviews. In this classic volume, Kaufman synthesizes object relations theory, interpersonal theory, and, in particular, Silvan Tompkins's affect theory, to provide a powerful and multidimensional view of shame.

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The Psychology of Shame Theory and Treatment of Shame ...

Based on this goal of reaching feelings of empathy, connection, power, and freedom, SRT proposes that shame resilience is essentially made up of four steps: Recognizing the personal vulnerability that led to the feelings of shame Recognizing the external factors that led to the feelings of shame

...

Shame Resilience Theory: How to Respond to Feelings of Shame

Description. In this classic volume, Kaufman synthesizes object relations theory, interpersonal theory, and, in particular, Silvan Tompkins's affect theory, to provide a powerful and multidimensional view of shame. Using his own clinical experience, he illustrates the application of affect theory to general classes of shame-based syndromes including compulsive; schizoid, depressive, and paranoid; sexual dysfunction; splitting; and sociopathic.

The Psychology of Shame - Springer Publishing

Children traumatised by neglect and abuse experience a double-whammy, negative effect in relation to shame. Firstly, their experiences mean that they are hypersensitive to shame and unable to tolerate it. Secondly the on-going need, of such children, to act out their attachment strategies results in challenging behaviour that causes the adults around them to use reward-punishment strategies, which relies upon the impact of shame to modify behaviour.

The Impact of Shame - The Child Psychology Service

The Psychology of Shame: Theory and Treatment of Shame-Based Syndromes, Second Edition by Kaufman, PhD Gershen at AbeBooks.co.uk - ISBN 10: 0826166725 - ISBN 13: 9780826166722 - Springer Publishing Company - 2004 - Softcover

9780826166722: The Psychology of Shame: Theory and ...

ISBN 978-3-319-53099-4. \$119.00. Reviewed by Paul T. P. Wong. The Value of Shame: Exploring a Health Resource in Cultural Contexts is a welcome addition to the growing library on the positive values of negative emotions (Kashdan & Biswas- Diener, 2014; Lomas, 2016; Parrott, 2014). This area of research represents an important new development in positive psychology (PP) because all “emotions are strongly connected to an individual’s health and wellbeing” (p. 3).

The Positive Psychology of Shame and the Theory of PP 2.0 ...

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